

## April 2019 Outings & Shopping Program

Passenger's Full Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

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|---|--|--|
| <p>Book me<br/><input type="checkbox"/> Yes</p>   | <p><b>Variety Mondays – Try something different!</b></p> <p><input type="checkbox"/> Monday 1<sup>st</sup> April – St Ives for all</p> <p><input type="checkbox"/> Monday 8<sup>th</sup> April – Bicentennial Drive, Olympic Park / Waterview Cafe (See description below)</p> <p><input type="checkbox"/> Monday 15<sup>th</sup> April – Birkenhead Point / Sydney Fish Markets</p> <p><input type="checkbox"/> Monday 29<sup>th</sup> April – IKEA &amp; Lindt Factory Outlet, Marsden Park</p> <p><b>Home pick-ups – times to be advised. Lunch at your own expense</b></p> |  <p><b>\$10 local<br/>\$15 out of area<br/>Transport only</b></p> |
| <p><input type="checkbox"/> Turra Uniting Church 8.30am<br/><input type="checkbox"/> Willow Park 8.45am</p>                         | <p><b>Monday 1<sup>st</sup> April – Yarramalong Valley &amp; Wyong Golf Club</b></p> <p>Let's explore the sleepy little village and surrounds of Yarramalong Valley before lunch <i>at your own expense and choice</i> at Wyong Golf Club. Their restaurant boasts stunning views of the golf course</p> <p><b>For the more active senior. No Home Pickups</b></p> <p><b>Please advise at the time of booking, if you require \$5 Cab Charge home.</b></p>   |  <p><b>\$15 pp / \$15 pc<br/>Transport only</b></p>               |
| <p>Book me<br/><input type="checkbox"/> Yes</p>   | <p><b>Tuesday 2<sup>nd</sup> April – Davistown RSL</b></p> <p>Take a drive up to the Central Coast through Brisbane Waters National Park to this friendly waterside club. A great value day out.</p> <p><i>Main – Roast of the day and baked veggies</i></p> <p><i>Dessert – Pavlova with cream and fruit salad</i></p> <p><i>Tea and coffee to be ordered and paid for separately</i></p> <p><b>Home pick-ups – times to be advised.</b></p>  |  <p><b>\$35 pp / \$55 pc</b></p>                                 |
| <p>Book me<br/><input type="checkbox"/> Yes</p>   | <p><b>Friday 5<sup>th</sup> April – Café Sasanqua, Glenorie</b></p> <p>Enjoy a home cooked meal in the beautiful setting of Camellia Grove Nursery in Glenorie. You will be home in the early afternoon.</p> <p><i>Meal – A variety of pastas, bread and salad to share</i></p> <p><i>Dessert – Petit four cakes, tea/coffee</i></p> <p><b>Home pick-ups – times to be advised.</b></p>  |  <p><b>\$35pp / \$55 pc</b></p>                                 |
| <p>Book me<br/><input type="checkbox"/> Yes</p>  | <p><b>Saturday 6<sup>th</sup> April – The Rocks Markets</b></p> <p>Explore a true makers' market in the heart of The Rocks, Sydney with one-of-a-kind offerings including locally-designed fashion, handcrafted jewellery and original art. Our drop off and pick up point is the famous Harbour View Hotel right at the foot of the southern Harbour Bridge Pylon.</p> <p><b>(For the more active senior as it involves walking on uneven footpaths in this historic area.) Home pick-ups – times to be advised.</b></p>  |  <p><b>\$15 pp / \$15 pc<br/>Transport only</b></p>             |
| <p>Book me<br/><input type="checkbox"/> Yes</p>   | <p><b>Monday 8<sup>th</sup> April – Sydney Olympic Park Scenic Drive</b></p> <p>This area is part of the traditional lands of the Wann-gal clan. Since the 1800s, the site has seen cattle grazing, logging and coal mining exploration, tweed and flour mills, a race course, the state brickworks &amp; abattoirs, the Navy armament depot and the Olympics in 2000. <i>Lunch is at your own expense and choice at the Waterview cafe. Feel free to bring a picnic lunch!</i></p> <p><b>Home pick-ups – times to be advised.</b></p>   |  <p><b>\$15 pp / \$15 pc<br/>Transport only</b></p>             |
| <p>Book me<br/><input type="checkbox"/> Yes</p>   | <p><b>Tuesday 9<sup>th</sup> April – Settlers Arms Inn, St Albans</b></p> <p>Established in 1836, the Settlers Arms Inn was a stopover for Cobb &amp; Co. stagecoaches travelling between Sydney and Newcastle.</p> <p><i>Main – Roast lamb with vegetables</i></p> <p><i>Dessert - Chef's choice with tea/coffee</i></p> <p><b>Home pick-ups – times to be advised.</b></p>   |  <p><b>\$35 pp / \$60 pc</b></p>                                |

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| <p>Book me</p> <p><input type="checkbox"/> Yes</p>   | <p><b>Friday 12<sup>th</sup> April – Middle Harbour Yacht Club</b></p> <p>Join us for an air-conditioned trip to Mosman. The Harbourview Bar &amp; Bistro is the ideal combination of stunning surrounds &amp; delicious dining.<br/> <i>Main – Roast of the Day with baked veggies</i><br/> <i>Dessert – Homemade ice cream or gelato, tea/coffee</i></p> <p><b>Home pick-ups – times to be advised.</b></p>  |  <p>\$45 pp / \$70 pc</p>                      |
| <p>Book me</p> <p><input type="checkbox"/> Yes</p>   | <p><b>Saturday 13<sup>th</sup> April – Glenorie RSL</b></p> <p>Enjoy a drive in the country before it all turns to high rise apartments! We will visit Swane's famous rose nursery on the way if time and weather permit.</p> <p><i>Lunch at your own expense from \$14.</i></p> <p><b>Home pick-ups – times to be advised.</b></p>  |  <p>\$10 pp / \$10 pc<br/>Transport Only</p>   |
| <p>Book me</p> <p><input type="checkbox"/> Yes</p>   | <p><b>Tuesday 16<sup>th</sup> April – Club Palm Beach</b></p> <p>Let's go to this famous beach where celebrities holiday and the TV show, Home and Away is filmed. Enjoy a day out at this friendly club.<br/> <i>Menu – Choice of Schnitzel, Tempura Fish or Roast Lamb</i><br/> <i>Dessert – Dessert of the day. Tea and coffee is an extra charge</i></p> <p><b>Home pick-ups – times to be advised.</b></p>  |  <p>\$35 pp / \$50 pc</p>                      |
| <p>Book me</p> <p><input type="checkbox"/> Yes</p>   | <p><b>Tuesday 23<sup>rd</sup> April – Royal Motor Yacht Club Newport</b></p> <p>Have lunch on the shores of the beautiful boating waterways at Pittwater. Those who missed out in November will be given priority so book early.<br/> <i>Main – Roast lamb and veggies</i><br/> <i>Dessert – Chef's choice dessert with tea/coffee.</i></p> <p><b>Home pick-ups – times to be advised.</b></p>   |  <p>\$35 pp / \$55 pc</p>                      |
| <p>Book me</p> <p><input type="checkbox"/> Yes</p>   | <p><b>Friday 26<sup>th</sup> April – Pie in the Sky, Cowan</b></p> <p>Enjoy a relaxing drive to this quaint village and a hot pie overlooking the Ku-Ring-Gai National Park. If time permits, we will go to the Hawkesbury Oyster Shed in Mooney Mooney, where you can purchase prawns and oysters for the weekend, or just take in the view.<br/> <i>Lunch at your own expense.</i></p> <p><b>Home pick-ups – times to be advised.</b></p>  |  <p>\$10 pp / \$10pc<br/>Transport only</p>   |
| <p>Book me</p> <p><input type="checkbox"/> Yes</p>    | <p><b>Saturday 27<sup>th</sup> April – Fairfield Markets</b></p> <p>One for the keen bargain hunters. There are 600 undercover stalls filled with everything from children's toys to clothes, sporting gear to jewellery, household items to car accessories, workshop tools to pool products, grocery items to fresh fruit and veg.<br/> <i>Lunch at your own expense with plenty of food stalls to choose from.</i></p> <p><b>Home pick-ups – times to be advised.</b></p>   |  <p>\$15 pp / \$15 pc<br/>Transport only</p> |
| <p><input type="checkbox"/> Turra Uniting Church<br/>8.30am</p> <p><input type="checkbox"/> Willow Park<br/>8.45am</p> <p><input type="checkbox"/> Pennant Hills Libr<br/>9.15am</p> | <p><b>Monday 29<sup>th</sup> April – Stanwell Tops &amp; Sea Cliff Bridge Drive Day with lunch at Scarborough Hotel</b></p> <p>Explore the rugged coast line south of Sydney with a drive over this spectacular bridge. You can see why Stanwell Tops is a favourite spot for hang gliders.</p> <p><i>Lunch is at your own expense at the hotel with views out to sea.</i></p> <p><b>For the more active senior. No Home Pickups</b><br/> <b>Please advise at the time of booking, if you require \$5 Cab Charge home.</b></p> |  <p>\$15 pp / \$15 pc<br/>Transport only</p> |
| <p>Book me</p> <p><input type="checkbox"/> Yes</p>   | <p><b>Tuesday 30<sup>th</sup> April – Central Coast Leagues Club</b></p> <p>Back by popular demand! Let's get out of the city and up the freeway to Brisbane Waters. On arrival, the friendly staff will offer you a choice of 6 different main courses and several desserts with tea and coffee. What a great value day out.</p> <p><b>Home pick-ups – times to be advised.</b></p>   |  <p>\$30 pp / \$45 pc</p>                    |

## THE PROGRAM DESIGN

At present, this is the way we design the program to give maximum choice to our consumers:

**MONDAY Long Distance** for the more active senior: Usually twice a month, these trips require you to meet at a pick up point. You can request a \$5 Cab Charge to get home from the pick-up point. (Book Cabcharge at the same time as booking your outing.)

**MONDAY Variety Day:** Speaks for itself – keep the ideas coming! Lunch is at your own expense like it is on shopping days.

**TUESDAY Lunches:** Always a set menu and our biggest social outing of the week - we often use three or four buses. This gives you an opportunity to mix with a bigger group. We aim for a scenic drive *IF TIME AND TRAFFIC PERMIT*.

**FRIDAY Lunches:** Often at your own expense somewhere local - this is an opportunity to get out of the house before the weekend. We aim to leave the venue at 1.30pm so we can beat Friday afternoon traffic.

**SATURDAY Outings:** We usually do one or two Market Days and one Lunch Day per month.

### In response to your feedback about set menus versus choosing and paying separately:

For the clients who prefer a set menu, the Tuesday outing is always organised in advance, and some of the Friday outings now have a set menu.

Many clients phoned to tell us they like to order their own meals as they have particular dietary requirements, such as gluten intolerance, allergies and preference for meat free options. Some clients find these outings more economical as they can bring their own sandwich from home and just have a drink at the venues.

## **Shopping Trips - \$10 pp**

*If you would like to go to any other local shopping area, please let us know so we can plan future trips!*

**There will be a new confirmation system in April**

**2 Shopping bags or a trolley only please, nothing heavy or dangerous**

| <b>Shopping Centre</b>             | <b>Dates</b>  | <b>For Residents In:</b>   |
|------------------------------------|---|--|
| <b>North Rocks Shopping Centre</b> | Wednesday 3 <sup>rd</sup> & 17 <sup>th</sup> April  | West Pennant Hills to Carlingford  |
| <b>Carlingford Court</b>           | Wednesday 10 <sup>th</sup> & 24 <sup>th</sup> April   | West Pennant Hills to Carlingford  |
| <b>Macquarie Centre</b>            | Thursday 4 <sup>th</sup> & 18 <sup>th</sup> April   | Turrumurra to Roseville  |
| <b>Hornsby Westfield</b>           | Thursday 11 <sup>th</sup> April<br>(25 <sup>th</sup> April is a public holiday, you can join in the Friday 26 <sup>th</sup> April Hornsby Shopping Shuttle) | Berowra to Wahroonga & Normanhurst   |
| <b>St Ives Village</b>             | Every Wednesday   | Assistance with shopping may be provided through Ku-Ring-Gai Neighbourhood Centre. |
| <b>St Ives Village</b>             | Every Thursday  | Roseville to Turrumurra  |
| <b>Gordon Shops</b>                | Every Thursday  | Roseville to Pymble  |
| <b>Hornsby Westfield</b>           | Every Friday  | Brooklyn to Turrumurra & Normanhurst   |
| <b>Cherrybrook Village</b>         | Every Friday  | Dural to West Pennant Hills to Thornleigh  |



### Automated Call Confirmations begin from 1st April 2019

To continue to improve our service, from 1 April 2019 you will be receiving your booking confirmation and pick up times from an automated call service. We will still be making the bookings by phone, email, through the website or with your program ticked and returned, just as we have been doing for the last few years. As a result of this improvement, Service Coordinators will have more time to devote to maximising the number of trips we can provide to all our valued clients. *Please note that Premier VIP taxis will continue to confirm out of area taxi bookings directly with you for medical appointments.*

If you do not receive your pick up time, please contact our office. If you need to cancel, please call the office as soon as possible.

### Public Holiday Office Closures

**Easter Friday 19<sup>th</sup> April**  
**Easter Monday 22<sup>nd</sup> April**  
**Anzac Day Thursday 25<sup>th</sup> April**



### Ways to receive this program every month:

1. Email or ring us with your email: [info@communitytransport.org.au](mailto:info@communitytransport.org.au)
2. Send self-addressed stamped envelopes to PO Box 698, Turramurra NSW 2074
3. Pick up the program on the buses
4. Look on our website or follow us on Facebook or Twitter!

### Your safety and comfort is our number ONE priority.

- ✓ When boarding the bus, please ensure both hands are free to hold onto the bus rails.
- ✓ Please stay seated with your seatbelt fastened until the bus comes to a complete stop.
- ✓ Please be ready 15 minutes prior to pick up. Any delays add to everyone's time on the bus.

**To become a client,** you can register with  
My Aged Care T: 1800 200 422 and ask for a referral to our service.



**The transport cost of your first trip will be free, a welcome gift from us.**

Hornsby Ku-ring-gai Community Aged Disabled Transport Service Inc. is supported by funding from the Australian Government Department of Social Services and the New South Wales Government. Although funding for this organisation has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.