


April 2020 Outings & Shopping Program

Passenger's Full Name: _____ Phone Number: _____

Please note that costs listed on the program are for registered CHSP clients only

Book me <input checked="" type="checkbox"/> Yes	<h3>Variety Mondays – Try something different!</h3> <p> <input type="checkbox"/> Monday 6th April – Damart / Innovations <input type="checkbox"/> Monday 13th April – Easter Monday – Service Closed <input type="checkbox"/> Monday 20th April – Bicentennial Park scenic drive + Waterview Cafe <input type="checkbox"/> Monday 27th April – Flower Power + Terry Hills Tavern or St Ives shops </p> <p>Home pick-ups – times to be advised. Lunch at your own expense</p>	 <p> \$15 local \$20 out of area \$5 for companion Transport only <i>See Page 4 for Loyalty Program</i> </p>
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Regular Shopping Centre Shuttles \$10 pp + \$5 for companion Door to Door RETURN TRIP

- **If you go most weeks** - Please phone the office and book in for the whole month that you are wanting to go shopping, and we will arrange your seat on the bus
- **If you only go occasionally** - Book early in the week that you are wanting to go shopping

Shopping Centre	Dates	For Residents In:
Turrumurra IGA	Every Monday morning - with an option to go to Coles & Chemists	Within 5km of Turrumurra IGA **Special Price \$5**
Berowra Coles & Aldi, Mt Ku-ring-gai	Every Monday afternoon	Berowra & Berowra Heights **Special Price \$5**
Westleigh Village - NEW SERVICE	Every Tuesday morning - with an option: Pennant Hills Shops	Within 5 km of Westleigh **Special Price \$5**
THORNLEIGH Marketplace & Aldi - NEW SERVICE	Every Tuesday afternoon - with an option: Pennant Hills Shops	Within 5 km of Thornleigh **Special Price \$5**
Carlingford Court	Every Wednesday	Normanhurst to Carlingford
St Ives Village	Every Wednesday	Assistance with shopping may be provided through Ku-ring-gai Neighbourhood Centre.
St Ives Village	Every Thursday	Ku-ring-gai LGA residents
Macquarie Centre	Thursday 2 nd , 16 th & 30 th	Turrumurra - Roseville
Hornsby Westfield	Every Thursday in April for the organic markets as requested!	Berowra - Wahroonga & Normanhurst
Gordon Shops	Every Thursday	Roseville - Pymble
Hornsby Westfield	Every Friday	Brooklyn - Turrumurra & Normanhurst
Cherrybrook Village	Every Friday	Dural - West Pennant Hills - Thornleigh

<p>Book me</p> <p><input type="checkbox"/> Yes</p>	<p>D-Caf (Dementia Café) opportunities in April and May Warrawee – Thursdays - 10.00am to 12.00pm A dementia café is a weekly meeting place for people living with dementia and their family carers to socialise, relax and discover ways to live well with dementia. To book a seat at the café, please contact Fiona (Program Co-ordinator) 0402 837 877 feeshal@optusnet.com.au</p> <p>HKCT organises transport ONLY: Home pick-ups – times to be advised.</p>	 <p>\$15 pp / \$20 pc Transport only</p>
<p>Call</p> <p>Meals on Wheels to book 9144 2044</p>	<p>Friday 3rd April – Friday Lunch Club Please join us for a great value two course Lunch with a free glass of sherry & wine in the Meals on Wheels Dining Room, Gilroy Road, Turramurra. See Page 4 for more info. Home pick-ups – times to be advised. Hornsby Shire Residents Ku-ring-gai Shire Residents 17th April (after Easter)</p> 	 <p>\$10 pp / \$15 pc Transport \$15 pp: lunch</p>
<p>Book me</p> <p><input type="checkbox"/> Yes</p> 	<p>Saturday 4th April – Hawkesbury Harvest Farmers' and Fine Food Market + Ettamogah Pub Bring your shopping bags and choose some treats for the weekend at this gourmet shopper's paradise. Ask your driver to sign your loyalty card and keep the market ideas coming. <i>Lunch is at your own expense at the Pub.</i> Saturday phone number for cancellations: 0473 478 890 Home pick-ups – times to be advised.</p>	 <p>\$20 pp / \$25 pc Transport Only</p>
<p><input type="checkbox"/> Turra Uniting Church 8.15am</p> <p><input type="checkbox"/> Pennant Hills Libr 8.40 am</p> <p><input type="checkbox"/> Willow Park 9.00am</p>	<p>Monday 6th April– Michael L's Dangar Island Adventure Go where no one has been before, or at least pretend with our very own driver, Michael. The island covers an area of 29 hectares and has around 3 kilometres of shoreline. The ferry leaves from Brooklyn wharf and makes a stop at Little Wobby before arriving at the island. Wear your Dangarees to this Dangarous place. Bring a picnic if you like or purchase something at <i>your own expense</i> from the Cafe. <i>The ferry ride is \$4.10 each way at the time of printing.</i></p> <p>For the very active senior. No Home Pickups Please advise at the time of booking, if you require \$5 Cab Charge home.</p>	<p>\$15 pp / \$20 pc</p> <p>You will need to purchase your own ferry ticket at Brooklyn Wharf \$4.10 each way and lunch at the Island Cafe</p>
<p>Book me</p> <p><input type="checkbox"/> Yes</p>	<p>Tuesday 7th April – The Gardens on Forest, Peakhurst A short history: Built circa 1885, the property was owned by Alfred Reginald Fremlin, from Botany in 1882, who sold it to Robert William Newell, a grocer from Newtown in 1882 for 600 pounds. He built a new house circa 1885, named "Collaroy". The rest of the story you can discover at a gourmet lunch! Main: Veal Medallions with dauphinoise potato, spinach & mushroom sauce Dessert: Chocolate Lattice Tower, raspberry mousse & strawberries tea/coffee</p> <p>Home pick-ups – times to be advised.</p>	 <p>\$60 pp / \$105 pc</p>
<p>Book me</p> <p><input type="checkbox"/> Yes</p> 	<p>Saturday 11th April – Glenorie RSL Enjoy a drive in the country before it all turns to high rise apartments! We may visit the Dural Fruit Kiosk on the way home if time and weather permit, so bring your shopping bags to stock up for the long weekend. <i>Lunch at your own expense. This is a public holiday so there will be a \$2 surcharge at the club and the seniors' menu may not be on offer.</i> Saturday phone number for cancellations: 0473 478 890 Home pick-ups – times to be advised.</p>	 <p>\$15 pp / \$20 pc Transport Only</p>

<p>Book me</p> <p><input checked="" type="checkbox"/> Yes</p>	<p>Tuesday 14th April – Pittwater RSL</p> <p>Start the week with a scenic drive to the Northern Beaches, followed by lunch at Pittwater RSL Club's Glasshouse Restaurant. Enjoy bushland and beaches from the comfort of our buses!</p> <p><i>Main</i> – Roast of the day and veggies <i>Dessert</i> – Dessert of the day and ice cream, tea/coffee</p> <p>Home pick-ups – times to be advised.</p>	 <p>\$40 pp / \$70 pc</p>
<p>Call</p> <p>Meals on Wheels</p> <p>to book</p> <p>9144 2044</p>	<p>Friday 17th April – Friday Lunch Club</p> <p>Please join us for a great value two course Lunch with a free glass of sherry & wine in the Meals on Wheels Dining Room, Gilroy Road, Turramurra. <i>See Page 4 for more info.</i></p>  <p>Home pick-ups – times to be advised. Ku-ring-gai Shire Residents</p>	 <p>\$10 pp / \$15 pc Transport \$15 for lunch</p>
<p>Book me</p> <p><input checked="" type="checkbox"/> Yes</p>	<p>Saturday 18th April – The Chocolate Factory, Gosford</p> <p>Calling all choc-o-holics and nougat enthusiasts recovering from Easter! This outing has been highly recommended by one of our clients, so climb aboard and enjoy a trip up the coast to visit the home of Nougat Limar, Bon Bon Fine Chocolates and The Sydney Marshmallow Co. Lunch at the café <i>is at your own expense.</i></p> <p>Saturday phone number for cancellations: 0473 478 890</p> <p>Home pick-ups – times to be advised.</p>	 <p>\$20 pp / \$25 pc Transport Only</p>
<p>Book me</p> <p><input checked="" type="checkbox"/> Yes</p>	<p>Monday 20th April – Bicentennial Park Scenic Drive</p> <p>This area is part of the traditional lands of the Wann-gal clan. Since the 1800s, the site has seen cattle grazing, logging and coal mining exploration, tweed and flour mills, a race course, the state brickworks & abattoirs, the Navy armament depot and the Olympics in 2000. <i>Lunch is at your own expense and choice at the Waterview cafe. Feel free to bring a picnic lunch!</i></p> <p>Home pick-ups – times to be advised.</p>	 <p>\$20 pp / \$25 pc Transport only</p>
<p>Book me</p> <p><input checked="" type="checkbox"/> Yes</p>	<p>Tuesday 21st April – Settlers Arms Inn, St Albans</p> <p>Established in 1836, the Settlers Arms Inn was a stopover for Cobb & Co. stagecoaches travelling between Sydney and Newcastle. This is a lovely part of the countryside to visit in Autumn.</p> <p><i>Main</i> – Roast lamb with vegetables <i>Dessert</i> - Chef's choice with tea/coffee</p> <p>Home pick-ups – times to be advised.</p>	 <p>\$40 pp / \$70 pc</p>
<p>Book me</p> <p><input checked="" type="checkbox"/> Yes</p>	<p>Friday 24th April – Asquith Golf Club</p> <p>If time permits we will visit THE PLANT BUG nursery in Mount Colah before <i>lunch at your own choice and expense</i> overlooking the greens.</p> <p>Both Shires: Home pick-ups – times to be advised. (We lost a Friday this month!)</p>	 <p>\$15 pp / \$20 pc Transport only</p>
<p><input type="checkbox"/> Turra Uniting Church 8.30am</p> <p><input type="checkbox"/> Willow Park 8.45am</p>	<p>Monday 27th April – Yarramalong Valley & Wyong Golf Club</p> <p>Let's explore the sleepy little village and surrounds of Yarramalong Valley before lunch <i>at your own expense and choice</i> at Wyong Golf Club. Their restaurant boasts stunning views of the golf course.</p> <p>For the more active senior. No Home Pickups Please advise at the time of booking, if you require \$5 Cab Charge home.</p>	 <p>\$20 pp / \$25 pc Transport only</p>
<p>Book me</p> <p><input checked="" type="checkbox"/> Yes</p>	<p>Tuesday 28th April – Davistown RSL</p> <p>Take a drive up to the Central Coast through Brisbane Waters National Park to this friendly waterside club. A great value day out.</p> <p><i>Main</i> – Roast of the day and baked veggies <i>Dessert</i> – Pavlova with cream and fruit salad <i>Tea and coffee to be ordered and paid for separately</i></p> <p>Home pick-ups – times to be advised.</p>	 <p>\$40 pp / \$65 pc</p>

Did you know ... Our driver Phil Bourke also

drives the Ku-ring-gai LIBRARIBUS. This is a **FREE** shuttle service which takes Ku-ring-gai residents to their nearest library. You can borrow CDs, DVDs and books or just sit in the reading area with the newspaper on Monday, Tuesday or Wednesday!
LIBRARIBUS Phone: 0401 972 461 or 9424 0873

Did you know ... Clients must be ready 15 minutes before the allotted pick up time for all pick ups. Sydney traffic is so unpredictable these days, sometimes the drivers will get to you earlier than the “ROBOT” said. If you are ready, we can proceed to the next client and maybe get more time at our venues!

Did you know ...

You can join our Friday Meals on Wheels Lunch Club!

with a **free** glass of sherry & wine in the Meals on Wheels Dining Room, Gilroy Road, Turramurra.

- Transport from home to our Turramurra Centre, returning home early afternoon.
- Two course lunch with a **FREE** glass of sherry & wine, tea & coffee.
- An opportunity to pick up a few pre-cooked meals for the weekend.
- Weekend grocery shop: an optional 15 minute stop at Coles for the basics.
- **Pay your driver \$10 and then pay \$15 on arrival for your meal**



Call Meals on Wheels **9144 2044** to book or just to ask questions.

Did you know ... We are now offering services for Full Fee paying (Home Care Package) clients? Please call our office for a price list.

Variety Shoppers Club & Loyalty program

For Monday's variety shopping and Saturday Markets, we have a loyalty program. Do 5 variety or market trips, get the 6th trip **FREE**. Ask the drivers for the GREEN loyalty card and keep it handy!



To become a client, you will need to request a “Community Transport referral code” from MyAged Care, telephone: 1800 200 422 and ask for a referral to our service.



The transport cost of your social outing will be free, a welcome gift from us.