

# Moving on with Marvellous March!



Hello everyone!

How is it possible that we are planning for the end of the first quarter of 2021? It is, so my March mantra is move on, move up!

This is reflected in our destinations this month too. You will see we are moving a little further afield as well as trialling something new – evening activities! Yes, you are all adults and allowed to go out and stay up as late as you like; nor does being a senior mean you must be home, sipping soup every night! Pam is currently trialling our drivers to select who will be driving the barbie for a twilight BBQ while I will be running the trivia game.

Yes, trivia! Because our honour has been challenged, dear reader. In the next few months we will be gathering with clients of EasyLink and Stryder, two neighbouring community transport organisations, for a Trivia Championship! So, every HKCT client, you are called to arms and asked to get in training. We've a contest to win!!!

The evening outings have been added because of suggestions and feedback on what you'd like to do and, as always, providing you with what you want where possible is our number two priority. Priority number one is your safety!

We have also chosen Neighbour Day as the date for our first Consumer's meeting in 12 months! Seemed fitting somehow and timely too. Numbers and catering are limited due to the Church Hall's C-19 conditions and the agenda will differ from past meetings. Again from feedback, you too desire pertinent discussion items that are outcomes based – yes, our meetings too are moving on and up!

Speaking of feedback, with this month's social program comes your own personal copy of our annual survey. Truly, I cannot stress enough how important this survey is to us. It is only through open, honest and considered feedback that we can grow, improve and develop our services to suit you, our valued clients. Whether you've a bouquet to throw or a brick to delivery, I sincerely ask you all for your honest ratings and suggestions. Putting your name to it is absolutely optional if you don't feel comfortable rating us or saying something you might think we don't want to know. We do want to know, and I promise you there will be no offence taken about anything you say. As a thank you for participating in our survey, anyone who returns a completed survey before 31<sup>st</sup> March with their name and phone number, will go in to the draw for a Goodies Hamper valued at over \$50.

As a Chinese sage once said; "A smile will gain you ten more years of life." Why not come on out with us, smile more and live your life every day!

Cheers, Helen

# Marvellous March

We will do everything possible to go ahead with all outings, however, destinations and/or venues may have to change to meet new NSW Health directions.

	<p style="text-align: center;"><b>Variety shopping with lunch option</b></p> <p><b>Hornsby Shire residents</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Friday 5<sup>th</sup> March – Castle Towers / Castle Hill RSL</li> <li><input type="checkbox"/> Friday 19<sup>th</sup> March – Macquarie Centre / North Ryde RSL</li> <li><input type="checkbox"/> Monday 22<sup>nd</sup> March – Birkenhead Point / Drummoyne Sailing Club</li> </ul> <p><b>Ku-ring-gai Shire Residents</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Monday 8<sup>th</sup> March – Birkenhead Point / Drummoyne Sailing Club</li> <li><input type="checkbox"/> Friday 12<sup>th</sup> March – Top Ryde / North Ryde RSL</li> <li><input type="checkbox"/> Friday 26<sup>th</sup> March – Castle Towers / Castle Hill RSL</li> </ul>	 <p><b>\$20 per person          \$30 per couple          Transport Only</b></p>
<input type="checkbox"/> 8.15am Uniting Church Turramurra  <input type="checkbox"/> 8.30am Willow Park Hornsby	<p style="text-align: center;"><b>Monday 1<sup>st</sup> March – Bruce's          Lake Macquarie Adventure</b></p> <p>Head up the freeway to this picturesque area north of the Central Coast. What Bruce doesn't know about this area, he will happily make up. Lunch, at your own cost, is at Belmont 16s Club. Priority given to those on last month's waiting list!</p> <p style="text-align: center;"><b>No Home Pickups</b>  <b>Need a Cabcharge home from your pick-up point? Ask for the additional price on booking</b></p>	 <p><b>\$20 pp / \$30 pc          Transport Only</b></p>
<input type="checkbox"/>	<p style="text-align: center;"><b>Tuesday 2<sup>nd</sup> March – Harbord Diggers Lunch</b></p> <p>Enjoy your meal choice and magnificent outlook over Freshwater Beach. The club had a massive renovation recently and the staff are very welcoming. If time permits, we will go for a scenic drive along the beaches before heading home.</p> <p style="text-align: center;"><b>Home pick-ups – times to be advised</b></p>	 <p><b>\$20 pp / \$30 pc          Transport Only</b></p>
<input type="checkbox"/>	<p style="text-align: center;"><b>Tuesday 2<sup>nd</sup> March – Early Evening BBQ</b></p> <p>Come to Cameron Park in Turramurra and savour the last of the summer evenings before daylight savings ends. We will provide a sausage sizzle, salad, juice and something sweet, with a trivia game thrown in for more than a laugh! (Wet weather venue – Hornsby RSL)</p> <p style="text-align: center;"><b>Home pick-ups – times to be advised</b>  <b>For our Ku-ring-gai Shire residents</b></p>	 <p><b>\$25 pp / \$40 pc          Includes Dinner</b></p>
<input type="checkbox"/> 	<p style="text-align: center;"><b>Saturday 6<sup>th</sup> March – Mitch &amp; Rick's Mystery Tour</b></p> <p>Our drivers, Mitch &amp; Rick, will choose a secret location for lunch and perhaps an activity (dependent on weather and COVID guidelines) and keep you laughing all the way. Book early!</p> <p style="text-align: center;"><b>Home pick-ups - times to be advised</b>  <b>Saturday phone number for cancellations: 0473 478 890</b></p>	 <p><b>\$20 pp / \$30 pc          Transport Only</b></p>
<input type="checkbox"/>	<p style="text-align: center;"><b>Tuesday 9<sup>th</sup> March – The Galston Club</b></p> <p>Aren't we lucky to live in such a beautiful area? After a scenic drive through the country side we will stop in and check out their lunch specials. Also, get ready to practice your trivia knowledge.</p> <p style="text-align: center;"><b>Home pick-ups – times to be advised</b></p>	 <p><b>\$15 pp / \$20 pc          Transport Only</b></p>

<input type="checkbox"/>	<p align="center"><b>Tuesday 9<sup>th</sup> March – Early Evening BBQ</b></p> <p>Come to the Cherrybrook Ponds and savour the last of the summer evenings before daylight savings ends. We will provide a sausage sizzle, salad, juice and something sweet, with trivia games thrown in for more than a laugh! (Wet weather venue – West Pennant Hills Sport Club)</p> <p align="center"><b>Home pick-ups – times to be advised For our Hornsby Shire residents</b></p>	 <p align="center"><b>\$25 pp / \$40 pc Includes Dinner</b></p>
<input type="checkbox"/> 8.15am Uniting Church Turramurra  <input type="checkbox"/> 8.30am Willow Park Hornsby  <input type="checkbox"/> 8.45am Pennant Hills Library	<p align="center"><b>Monday 15<sup>th</sup> March – Bruce’s Northern Beaches Tour</b></p> <p>Our singing bus driver, Bruce, has devised a wonderful tour of Sydney’s Northern beaches, with a lunch stop at Pittwater RSL. Priority is given to those on the waiting list from January.</p> <p align="center"><b>No Home Pickups</b></p> <p align="center"><b>Need a Cabcharge home from your pick-up point? Ask for the additional price on booking</b></p>	 <p align="center"><b>\$20 pp / \$30 pc Transport Only</b></p>
<input type="checkbox"/>	<p align="center"><b>Tuesday 16<sup>th</sup> March – St Patrick’s Day Lunch and Show at the Waterview, Berowra Waters</b></p> <p>Celebrate like the Irish with a three-course lunch and show featuring Clair Hayes. There’s even a welcome drink on arrival: Baileys &amp; Milk!</p> <p><i>Entrée</i> – Potato and Leek Soup served with Soda Bread  <i>Main</i> – Beef &amp; Guinness Pie served with Colcannon &amp; veggies  <i>Dessert</i> – Blackberry and Apple Tart with cream, tea/coffee</p> <p align="center">Home pick-ups – times to be advised</p>	 <p align="center"><b>\$75 pp / \$140 pc Includes Lunch</b></p>
<input type="checkbox"/>  	<p align="center"><b>Saturday 20<sup>th</sup> March – Fairfield Markets Plus ...</b></p> <p>Mitch and Rick set sail for the west and will see where the wind takes us on this mystery Saturday. They will then steer a course for the Markets for you to grab some bargains and enjoy lunch at your own expense.</p> <p align="center"><b>Home pick-ups – times to be advised</b></p>	 <p align="center"><b>\$20 pp / \$30 pc Transport only</b></p>
<input type="checkbox"/>	<p align="center"><b>Tuesday 23<sup>rd</sup> March – Doyalson RSL</b></p> <p>We’re getting you out of the city again today, driving up the freeway to the Lakes District of the Central Coast. After a drive around, at the RSL you choose something for lunch from menu to suit your taste and budget.</p> <p align="center"><b>Home pick-ups – times to be advised</b></p>	 <p align="center"><b>\$20 pp / \$30 pc Transport Only</b></p>
<input type="checkbox"/>	<p align="center"><b>Monday 29<sup>th</sup> March – Consumers’ Meeting</b></p> <p>We are back to celebrate Neighbourhood Day! After a year like no other we are resuming our important meetings at the Turramurra Uniting Church to ask you where everyone is welcome to participate. Lunch with juice.</p> <p align="center"><b>Home pick-ups – times to be advised</b></p>	 <p align="center"><b>\$15 pp / \$20 pc Includes a sausage sizzle!</b></p>
<input type="checkbox"/>	<p align="center"><b>Tuesday 30<sup>th</sup> March – Club Palm Beach</b></p> <p>Let’s go to this famous beach where celebrities holiday and the TV show, Home and Away is filmed. Enjoy a day out at this friendly club</p> <p><i>Menu</i> – Choice of Schnitzel, Tempura Fish or Roast of the Day  <i>Dessert</i> – Dessert of the day. NB: Tea or coffee is at an extra charge</p> <p align="center"><b>Home pick-ups – times to be advised</b></p>	 <p align="center"><b>\$40 pp / \$70 pc Includes lunch</b></p>

# March SHOPPING

You can book your place for the entire month ...four weeks in advance!

**Get out and about on a regular basis.**  
**Get to know other seniors in your local area.**

## Shopping Shuttles – each and every week!

Door to Door return trip for a One-hour shop

Shopping Centre	When	For Residents ....
<b>West Pymble IGA</b>	<input type="checkbox"/> Monday morning	Within 3km of West Pymble IGA *Special Price \$5*
<b>East Lindfield IGA</b>	<input type="checkbox"/> Monday afternoon	Within 3km of East Lindfield IGA *Special Price \$5*
<b>Turrumurra IGA</b>	<input type="checkbox"/> Monday morning	Within 3km of Turrumurra IGA *Special Price \$5*
<b>Berowra Coles &amp; Aldi, Mt Ku-ring-gai</b>	<input type="checkbox"/> Monday afternoon	Mt Colah, Mt Ku-ring-gai, Berowra & Berowra Heights *Special Price \$5*
<b>Westleigh Village</b>	<input type="checkbox"/> Every Tuesday morning - with an option to Pennant Hills Shops instead	Within 3km of Westleigh *Special Price \$5*
<b>THORNLEIGH Marketplace &amp; Aldi</b>	<input type="checkbox"/> Every Tuesday afternoon - with an option: Pennant Hills Shops	Within 3km of Thornleigh *Special Price \$5*

## Need More Time at More Comprehensive Centres?

Door to Door return trip for a Two - Three hour shop

**\$10 per person or \$15 for you and a companion/carer**

Shopping Centre	When	For Residents living
<b>Carlingford Court</b>	<input type="checkbox"/> Every Wednesday	Between Normanhurst to Carlingford
<b>St Ives Village</b>	<input type="checkbox"/> Every Thursday	Within the Ku-ring-gai LGA
<b>Macquarie Centre</b>	<input type="checkbox"/> Thurs 4 <sup>th</sup> March <input type="checkbox"/> Thurs 18 <sup>th</sup> March	Between Turrumurra - Roseville - Epping
<b>Hornsby Westfield</b>	<input type="checkbox"/> Every Thursday	Hornsby Heights, Asquith, Wahroonga, Thornleigh or Normanhurst
<b>Gordon Shops</b>	<input type="checkbox"/> Every Thursday	Between Roseville to Pymble
<b>Hornsby Westfield</b>	<input type="checkbox"/> Every Friday	Brooklyn to Hornsby Heights plus Turrumurra to Normanhurst, and Asquith
<b>Cherrybrook Village</b>	<input type="checkbox"/> Every Friday	Cherrybrook, Dural & Pennant Hills

\*\* Prices applicable to CHSP eligible clients of HKCT only. Other client prices on application. \*\*

*pp = per person pc = per couple*