

December Delights

Yes, we are back to positive titles (thank you Carol L for this one) and may the spirit of Christmas be the only infection taking hold as we see out 2021. To paraphrase my favourite royal: “annus horribilis – not a year on which I shall look back with undiluted pleasure”. Thank goodness you were with us on the journey, helping us remain positive! Speaking of positive, how do you describe yourself? We have almost finished updating every piece of client literature and all governance documents by removing “frail aged” and simply using “older aged or ageing”. But what do you believe someone aged 65+ years, and eligible for in-home CHSP aged services, should be called? I don’t much like Senior although I am one. For the last few years, the Aged Care Quality Standards referred to you as ‘consumers’ If ever we need to label you per se, we call you clients, often with an adjective before that, eg valued, treasured. Surely there is a more personable, positive descriptor that aged care service users could be called. Any ideas? So far, I have ‘golden’ ‘crinklier’ and ‘musty but moving’. All great in some contexts but not quite adaptable to all circumstances! I have rejected ‘twilight travellers’. As I say, any ideas? I would truly love to hear from you!

Have you met Helen K on one of our outings or shopping sojourns yet? Our new volunteer is helping us with our social programs from now on and very keen to make a difference for us in the office and for you to whom we are catering. Everyone embraced our picnics and then our November program with gusto! Choosing options for December was a delightful duty and we think there’s something for everyone. Have we succeeded? We so love hearing your feedback, suggestions and hopes. All are welcome! It is heartening to see so many of our treasured clients giving us the privilege of expanding their social pursuits. Helen and I are hoping for the day when all 6 of our buses are at 100% capacity on every day’s social outing!

As you know, Saturday, 4th December is Council Election Day. If you would like to vote before the actual day, HKCT will be arranging shuttles to your LGA’s Returning Office. Please phone us now and let us know you’d like to pre-poll so we can start scheduling these quick trips (See the program) Just to clarify our Monday, 6th December luncheon and AGM. If you are a financial Member you received a notice of meeting and various meeting papers, and there is no charge for the lunch if you are a member. Membership in our association is not mandatory for any client and the privilege of being a member is a complimentary lunch at our Annual General Meeting. If you are not a member, you are very welcome to join us (space permitting) for the celebratory lunch at a subsidised cost of \$35.00 pp. We will have a bit of a Christmas theme too, so I do hope you’ll join us. And yes, the Red Cross ladies will be having their stall so bring your money with you! Transport to and from the AGM is \$15.00 for all.

To close, a quote from my favourite childhood author, Laura Ingalls Wilder:

***“We are better throughout the year for having, in spirit,
become a child again at Christmastime.”***

My wish for you is to ‘feel tenderness for the past, courage for the present, hope for the future’ as described by Agnes M. Pahro.

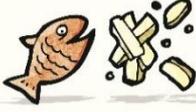
We can all make a difference to someone or a situation, by choosing to. By choosing a welcoming, tolerant, or forgiving attitude. To display empathy, consideration and kindness. Whatever our own faith or beliefs, may December bring you many opportunities to become a child again, to enjoy many moments of joy or joyful reflections, giving and receiving kindness and to be assured you are valued by more people than you know.

Season’s Greetings and Christmas Cheers, Helen





We do everything possible to go ahead with all outings, however, destinations and/or venues may have to change to meet any new NSW Health directions. Please reconfirm your vaccination status at the time of booking and remember to bring proof of your vaccination status to show the venue on the day!

<p>Pre-polling Mon 22nd Nov to Fri 3rd Dec</p>	<p>2021 NSW Local Government elections Take the pressure off having to get to your local 'ward' voting place and lining up with the crowds on Sat 4th December. Pre-poll! We will get you there and back if you can be flexible on the time and day you go. Gordon, St Ives or Turramurra options for Ku-ring-gai residents Berowra, Hornsby or Cherrybrook options for Hornsby residents</p>	 <p>\$15 pp / \$25 pc Transport only</p>
<p>Fri 3rd Dec Home Pick-ups</p>	<p>Innovations Damart / Forestville RSL Start or finish your Christmas shopping here! Homewares, Clothing, Pet Supplies, Craft, DVDs - There's something for everyone! Have a browse through their outlet at Frenchs Forest before a scenic drive to this friendly good value club for lunch. Ku-ring-gai Council residents</p>	 <p>\$20pp / \$35pc Transport only</p>
<p>Fri 3rd Dec Evening Home Pick-ups</p>	<p>Sunset Supper – Asquith Bowling Club Driver Rob will be 'miene host', at this local club with its friendly service and meat raffle. You'll be home soon after 8pm. Dinner and refreshments are at <i>your own expense and choice</i>. Asquith, Mt Colah, Berowra (aka Local) Residents only</p>	 <p>\$15 pp / \$25 pc Transport only</p>
<p>Sat 4th Dec Home Pick-ups</p>	<p>Fish 'n Chips at Brooklyn Going to Brooklyn is like a summer holiday! Our drivers will show you the sights before finding great spot to lay the anchor and find a lunch spot, with so much to choose from. Saturday phone number for cancellations: 0473 478 890</p>	 <p>\$15 pp / \$25 pc Transport only</p>
<p>Mon 6th Dec Home Pick-ups</p>	<p>HKCT AGM and Celebration Luncheon Lunch will commence at 12.00nn and our Annual General Meeting will commence by 1.30pm. Venue: Hornsby RSL. Members have been sent their Notice of Meeting, non-members are welcome to join us, space permitting.</p>	 <p>\$15 pp / \$25 pc Transport + \$35.00 per non-member for lunch</p>
<p>Tues 7th Dec Home Pick-ups</p>	<p>Pittwater RSL Enjoy a drive down to the Northern Beaches with lunch at the Glasshouse Grill, <i>at your own expense and choice</i>. On a hot summer day, enjoy the airconditioned comfort of our buses and watch the world go by!</p>	 <p>\$20 pp / \$35 pc Transport Only</p>
<p>Fri 10th Dec Home Pick-ups</p>	<p>Innovations Damart / Forestville RSL Hornsby Shire residents It's your turn to speciality shop and go out for lunch, with a scenic drive thrown in for good measure! <i>Lunch choice and cost is your own.</i></p>	<p>\$20pp / \$35pc Transport only</p>
<p>Thurs 9th Dec Evening Home Pick-ups</p>	<p>Sunset Supper – The Roseville Club Enjoy a Friday night out at your local club with a meal and a drink <i>at your own expense and choice</i>. Mitch has agreed to be your chauffeur for the evening! Helen C is hoping to join you too. Ku-ring-gai Council residents</p>	 <p>\$15 pp / \$25 pc Transport only</p>

<input type="checkbox"/> 8.30am Turrumurra Uniting Church <input type="checkbox"/> 8.45 am Willow Pk Hornsby <input type="checkbox"/> 9.00 am Pennant Hills Library	<p>Monday 13th December – Bygone Beauties, Leura</p> <p>Home of world's largest private collection of tea wares, including more than 5,500 teapots from all over the world and spanning five centuries, most items are on display in the Treasured Teapot Museum.</p> <p>Museum Admission of \$5.50 per person is redeemable with an equivalent purchase in the tearooms or retail area.</p> <p>No Home Pickups. Need a Cabcharge home from your pick-up point? Ask for the additional price on booking.</p>	 <p>\$20 pp / \$35 pc Transport Only</p>
<p>Tues 14th Dec</p> <p>Home Pick-ups</p>	<p>Danny's Seafood Restaurant, La Perouse</p> <p>Back by popular request AND we have booked the upstairs restaurant with the view, now that COVID restrictions have eased.</p> <p><i>Main – Danny's famous fish 'n chips with salad</i> <i>Dessert – Cake of the Day, tea/coffee.</i></p>	 <p>\$55 pp / \$105 pc Includes lunch</p>
<p>Fri 17th Dec</p> <p>Home Pick-ups</p>	<p>Ettamogah Pub, Kellyville Ridge Plus a stop at Lindt Factory Outlet, Marsden Park</p> <p>Check out the \$12 lunchtime specials at the Pub before heading to the Swiss chocolate outlet to find a huge variety that is not available in the supermarkets. Bring an insulated bag with a padlock so you are not tempted to eat them all on the way home!</p>	 <p>\$20 pp / \$35 pc Transport Only</p>
<p>Fri 17th Dec Evening</p> <p>Home Pick-ups</p>	<p>Sunset Supper – Asquith Bowling Club</p> <p>Driver Rob will be 'miene host' again, especially for those wanting a second crack at the meat tray raffle! You'll be home soon after 8pm. Dinner and refreshments are at <i>your own expense and choice.</i></p> <p>Asquith, Mt Colah, Berowra (aka Local) Residents only</p>	 <p>\$15 pp / \$25 pc Transport only</p>
<p>Sat 18th Dec</p> <p>Home Pick-ups</p>	<p>Lizard Log / Fairfield Markets + Lunch - Smithfield RSL</p> <p>Our drivers, Mitch and Sharon can take you to either market, and then into the air-conditioned club for a relaxing lunch. You can also stay at the Fairfield Markets for lunch. Christmas shopping is definitely a sport!</p> <p>Saturday phone number for cancellations: 0473 478 890</p>	 <p>\$20 pp / \$35 pc Transport Only</p>
<p>We've got your Christmas Shopping Trips well covered</p>		
<p>Mon 20th Dec</p> <p>Home Pick-ups</p>	<p>Castle Towers Shopping or Macquarie Shopping Hornsby LGA residents Ku-ring-gai LGA residents \$10 per person \$15 per couple An extra shopping shuttle option for last minute gifts or your week's needs</p>	
<p>Tues 21st Dec</p> <p>Home Pick-ups</p>	<p>Hornsby Westfield or Gordon Shopping Hornsby LGA residents Ku-ring-gai LGA residents \$10 per person \$15 per couple Instead of Thursday, join us Tuesday for your grocery/gift purchase needs</p>	
<p>Wed 22nd Dec</p> <p>Home Pick-ups</p>	<p>Hornsby Westfield or Cherrybrook Shopping Hornsby LGA residents \$10 per person \$15 per couple Instead of Friday, join us Wednesday for your grocery/gift purchase needs</p>	

DECEMBER'S WEEKLY SOCIAL SHOPPING

You can book your place for the entire month ... four weeks in advance!



**Get “out and about” on a regular basis.
Get to know other seniors in your local area.**

Social Shopping Sojourns – each and every week!

Door to Door return trip for a One-hour shop

Shopping Centre	When in December	For Residents ...
West Pymble IGA	<input type="checkbox"/> Monday mornings 6 th 13 th 20 th	Within 3km of West Pymble IGA *Special Price \$5*
East Lindfield IGA	<input type="checkbox"/> Monday afternoons 6 th 13 th 20 th	Within 3km of East Lindfield IGA *Special Price \$5*
Turramurra IGA	<input type="checkbox"/> Monday mornings 6 th 13 th 20 th	Within 3km of Turramurra IGA *Special Price \$5*
Berowra Coles & Aldi, Mt Ku-ring-gai	<input type="checkbox"/> Monday afternoons 6 th 13 th 20 th	Mt Colah, Mt Ku-ring-gai, Berowra & Berowra Heights *Special Price \$5*
Westleigh Village	<input type="checkbox"/> Tuesday mornings 7 th 14 th 21 st	Within 3km of Westleigh *Special Price \$5*
THORNLEIGH Marketplace & Aldi	<input type="checkbox"/> Tuesday mornings 7 th 14 th 21 st	Within 3km of Thornleigh *Special Price \$5*

Need More Time at More Comprehensive Centres?

Door to Door return trip for a Two- or Three-hour shop

\$10 per person or \$15 for you and a companion/carer

Shopping Centre	When in December	For Residents living
Carlingford Court	<input type="checkbox"/> Wednesday	Between Normanhurst to Carlingford
St Ives Village	<input type="checkbox"/> Wednesdays + Thursdays	Within the Ku-ring-gai LGA
Macquarie Centre	<input type="checkbox"/> Thursday 16 th Dec	between Turramurra - Roseville - Epping
Hornsby Westfield	<input type="checkbox"/> Thursday 2 nd 9 th 16 th Plus Tuesday 21st	Hornsby Heights, Asquith, Wahroonga, Thornleigh or Normanhurst
Gordon Shops	<input type="checkbox"/> Thursday 2 nd 9 th 16 th Plus Tuesday 21st	Between Roseville to Pymble
Hornsby Westfield	<input type="checkbox"/> Friday 3 rd 10 th 17 th Dec Plus Wednesday 22nd	Brooklyn to Hornsby Heights plus Turramurra to Normanhurst, and Asquith
Cherrybrook Village	<input type="checkbox"/> Friday 3 rd 10 th 17 th Dec Plus Wednesday 22nd	Cherrybrook, Dural & Pennant Hills

** Prices applicable to CHSP eligible clients of HKCT only. Other client prices on application.

pp = per person pc = per couple

Christmas Closure: Office & Services end 4pm Wed 22nd Dec
Office reopens: Tue 4th Jan Services resume: Wed 5th Jan, 2022