

# Fine time for Fun - February 2022

Greetings!

Thank you for joining us jump into the new year, and resume socialising in our safe and hygienic HKCT way. Let's keep it going and consciously decide that February is a fine time for fun!

Yes, the latest strain of C-19 appears more contagious, but it also appears less severe. No, HKCT cannot guarantee 100% you might not be exposed to the virus when you are out and about with us, but we do guarantee we are doing everything humanly possible to prevent it! In light of the number of concerns being shared with us at times of bookings, and the waves of bookings and cancellations, allow me to reconfirm how we are doing what we can do for you during the current pandemic.

- ✓ Client safety and workforce safety is always the first, second and third priority at HKCT
- ✓ HKCT is an 'essential' service provider and therefore will always be able to transport you on any "essential" journey, ie medical appointments, vital personal appointments and grocery shopping
- ✓ Every driver and every client must wear a P2- quality mask at all times, ie while approaching, embarking, travelling in and disembarking our vehicles. To date, we only have two clients that are exempt from wearing a mask
- ✓ HKCT exceed Transport for NSW hygiene guidelines by ensuring every vehicle is deep cleaned and disinfected each night, and every touch point is sanitised between every client journey – even if you are the next client getting into that same vehicle you first rode in
- ✓ Strict adherence to Public Health Order (PHO) mandates, government advice and meeting if not exceeding Dept of Health and Transport guidelines has kept me awake at night, writing and rewriting procedures and likely being considered a broken record by the team here! I don't care ... and I don't think they mind either ... we are all on the same side of caution.
- ✓ All HKCT Drivers have been double vaccinated and are in the process of receiving their booster shots

Clients do not have to prove their vaccination status for individual, essential service journeys but ride sharing is only ever permitted between same household members, or when two non-related passengers are both vaccinated and agree to a ride share journey. This is sometimes required for regular treatments at hospitals due to HKCT availability.

Now it's time for the BUT word ... Life does not stop ... Living your life with a little pleasure should not stop. Your mental health, emotional wellbeing and connections to your community and social pursuits are equally as important as physical health. Which is why we are continuing to offer our social outings program while PHO, advice and guidelines permit. So, our care for you on outings includes all of the above ticks, plus

- Venues selected are even more carefully scrutinised for best practice hygiene regimes
- Only clients with proof of double vaccination are permitted on group social outings

Getting old is a privilege, not everyone is so lucky. So, let's celebrate life and make a booking to enjoy something new, special or just plain 'sounds good'

As my darling big brother always toasted: *L'chaim*



"To Life" ... Helen



We do everything possible to go ahead with all outings, however, destinations and/or venues may have to change to meet any new NSW Health directions



<p><b>Tues 1<sup>st</sup> Feb</b></p> <p>Home Pick-ups</p>	<p><b>Mooney Mooney Club</b></p> <p>Nestled on the shores of the Hawkesbury River, with views across to Brooklyn, you'll find the tranquil setting of Mooney Mooney Club. Enjoy the Beer Battered Fish, Chips and salad. <i>Dessert, hot or cold drinks can be ordered &amp; paid for separately</i></p>	 <p><b>\$40 pp / \$75 pc</b> Includes main course</p>
<p><b>Fri 4<sup>th</sup> Feb</b></p> <p>Home Pick-ups</p>	<p><b>Piemonte Café, Terrey Hills</b></p> <p>The focus here is fresh seasonal produce, inspired by decades of work with some of Sydney's most creative chefs. Try their lunch special – 2 courses and a glass of wine for \$33! <b>Hornsby LGA residents only this week</b></p>	 <p><b>\$20 pp / \$35 pc</b> Transport Only</p>
<p><b>Sat 5<sup>th</sup> Feb</b></p> <p>Home Pick-ups</p>	<p><b>Wyong Milk Factory Tavern</b></p> <p>The Wyong Milk Factory has been lovingly restored, saved and salvaged. Discover tasty, local produce at the cheese &amp; chocolate factories before lunch at the tavern on the Wyong River <i>at your own expense</i> <b>Saturday phone number for cancellations: 0473 478 890</b></p>	 <p><b>\$20pp / \$35pc</b> Transport only</p>
<p><b>Mon 7<sup>th</sup> Feb</b></p> <p><input type="checkbox"/> 8.30am Turramurra</p> <p><input type="checkbox"/> 8.45am Willow Pk Hornsby</p> <p><input type="checkbox"/> 9.00am Pennant Hills Library</p>	<p><b>The Penrith Museum of Printing</b></p> <p>A 2-hour programme has been designed to provide visitors with knowledge and understanding of how the printed word used to be produced before the advent of the computer. You will marvel at the fully operational linotype type setting machine which really is an amazing piece of mechanical wizardry.</p> <p>See a 1880's Wharfedale printing press and 1860's Albion Press in operational order, demonstrated to visitors in a safe and secure environment.</p> <p>Your ploughman's lunch is supplied by Meals on Wheels, and if time permits, we can visit the club next door for a drink and a hot meal. <b>No Home Pickups</b></p> <p>Need a Cabcharge home from your pick-up point? Ask for the additional price on booking</p>	 <p><b>\$40 pp / \$75 pc</b> Transport, Entry Fee &amp; Picnic</p>
<p><b>Tues 8<sup>th</sup> Feb</b></p> <p>Home Pick-ups</p> <p><b>You must bring proof of COVID vaccination please</b></p>	<p><b>Windsor RSL</b></p> <p>After World War II, some veterans met each afternoon at the Commercial Hotel in Windsor. A second-hand shed was purchased, and volunteers helped to convert it into a clubhouse, complete with outside toilets!</p> <p>When officially named Windsor RSL Club, it remains fondly known as the 'Tin Shed'. The club has come a long way since then and well worth a visit!</p> <p>We've organised the roast and cake of the day, with tea / coffee.</p>	 <p><b>\$45 pp / \$85 pc</b> Includes lunch</p>

<p><b>Fri 11<sup>th</sup> Feb</b></p> <p>Home Pick-ups</p>	<p><b>Piemonte Café, Terrey Hills</b>  HKCT's airconditioned bus returns back Terrey Hills! This restaurant is one of your suggestions so keep them coming!  Try their lunch special – 2 courses and a glass of wine for \$33!</p> <p style="text-align: center;"><i>It's our Ku-ring-gai LGA residents turn</i></p>	 <p><b>\$20 pp / \$35 pc Transport Only</b></p>
<p><b>Tues 15<sup>th</sup> Feb</b></p> <p>Home Pick-ups</p>	<p><b>Trojan's Restaurant, Terrigal</b>  When was the last time you visited The Haven? Well worth another visit to a new club with fabulous views 180° views. Your choice of either fabulous Fish &amp; Chips or Chicken Schnitzel.</p> <p>After lunch take a gentle stroll along the new Boardwalk and maybe indulge in an ice cream before heading back</p>	 <p><b>\$40pp / \$75 pc Includes main course</b></p>
<p><b>Fri 18<sup>th</sup> Feb</b></p> <p>Home Pick-ups</p>	<p><b>Parliament House High Tea</b>  Every Friday in the Stranger's Restaurant provides a rare opportunity to experience a Traditional High Tea served on the Parliamentary crested Wedgwood plates. Enjoy a delicious handmade freshly baked High Tea overlooking the beautiful Domain  High Tea cost is \$55, payable at the venue.</p> <p style="text-align: center;"><i>Hornsby LGA residents only this week</i></p>	 <p><b>\$20 pp / \$35 pc Transport Only</b></p>
<p><b>Sat 19<sup>th</sup> Feb</b></p> <p>Home Pick-ups</p>	<p><b>Richmond Good Food Markets</b>  Richmond Good Food Market is a place for local farmers and quality food producers to showcase their wares and interact with the community. There are plenty of lunch options close by.</p> <p><b>Saturday phone number for cancellations: 0473 478 890</b></p>	 <p><b>\$20 pp / \$35 pc Transport Only</b></p>
<p><input type="checkbox"/> 8.30am Turramurra</p> <p><input type="checkbox"/> 8.45am Willow Pk</p> <p><input type="checkbox"/> 9.00am Hornsby Pennant Hills Library</p>	<p><b>Monday 21<sup>st</sup> Feb – Bruce's Northern Beaches Tour</b>  Our singing bus driver, Bruce, has devised a wonderful tour of Sydney's Northern beaches, with a lunch stop at the Bayview Golf Club. You might even drive past Bruce's childhood home. No Home Pickups</p> <p>Need a Cabcharge home from your pick-up point? Ask for the additional price on booking</p>	 <p><b>\$20 pp / \$35 pc Transport Only</b></p>
<p><b>Tues 22<sup>nd</sup> Feb</b></p> <p>Home Pick-ups</p>	<p><b>Camden Valley Inn</b>  We're heading south to the Macarthur region to take in the views of the Razorback mountains and enjoy a lunch of alternate serves at a popular spot with HKCT socially savvy: Guinness Pie, creamy mash, mushy peas &amp; gravy OR Grilled Barramundi with chat potatoes; followed by Sticky Date Pudding OR Cheesecake</p>	 <p><b>\$50 pp / \$95 pc Includes lunch</b></p>
<p><b>Fri 25<sup>th</sup> Feb</b></p> <p>Home Pick-ups</p>	<p><b>Parliament House High Tea</b>  Did we mention before the amazing selection of sweet and savoury delights showcase the wonderful flavours of local produce from across the State? KRG dwellers, don't miss out!  High Tea cost is \$55, payable to the venue.</p> <p style="text-align: center;"><i>It's our Ku-ring-gai LGA residents turn</i></p>	 <p><b>\$20 pp / \$35 pc Transport Only</b></p>

You can book your place for the entire month ... four weeks in advance!

**Get “out and about” on a regular basis.**

**Get to know other seniors in your local area.**

**Social Shopping Sojourns – each and every week!**

**Door to Door return trip for a One-hour shop**

Shopping Centre	Regular Day & Time	For Residents ....
<b>West Pymble IGA</b>	<input type="checkbox"/> Monday mornings	Within 3km of West Pymble IGA <b>*Special Price \$5*</b>
<b>East Lindfield IGA</b>	<input type="checkbox"/> Mon afternoons	Within 3km of East Lindfield IGA <b>*Special Price \$5*</b>
<b>Turrumurra IGA</b>	<input type="checkbox"/> Monday mornings	Within 3km of Turrumurra IGA <b>*Special Price \$5*</b>
<b>Berowra Coles &amp; Aldi, Mt Ku-ring-gai</b>	<input type="checkbox"/> Monday afternoon	Mt Colah, Mt Ku-ring-gai, Berowra & Berowra Heights <b>*Special Price \$5*</b>
<b>Westleigh Village</b>	<input type="checkbox"/> Tuesday mornings	Within 3km of Westleigh <b>*Special Price \$5*</b>
<b>THORNLEIGH Marketplace &amp; Aldi</b>	<input type="checkbox"/> Tuesday mornings	Within 3km of Thornleigh <b>*Special Price \$5*</b>

**Need More Time at More Comprehensive Centres?**

**Door to Door return trip for a Two- or Three-hour shop**

**\$10 per person or \$15 for you and a companion/carer**

Shopping Centre	Regular Day	For Residents living
<b>Carlingford Court</b>	<input type="checkbox"/> Wednesday	Between Normanhurst to Carlingford
<b>St Ives Village</b>	<input type="checkbox"/> Wednesdays & Thursdays	Within the Ku-ring-gai LGA
<b>Macquarie Centre</b>	<input type="checkbox"/> Thursday 17 <sup>th</sup> February	Between Turrumurra - Roseville - Epping
<b>Hornsby Westfield</b>	<input type="checkbox"/> Thursdays	Hornsby Heights, Asquith, Wahroonga, Thornleigh or Normanhurst
<b>Gordon Shops</b>	<input type="checkbox"/> Thursdays	Between Roseville to Pymble
<b>Hornsby Westfield</b>	<input type="checkbox"/> Fridays	Brooklyn to Hornsby Heights plus Turrumurra to Normanhurst, and Asquith
<b>Cherrybrook Village</b>	<input type="checkbox"/> Fridays	Castle Hill to Galston, Cherrybrook & Pennant Hills

\*\* Prices applicable to CHSP eligible clients of HKCT only. Other client prices on application.

*pp = per person pc = per couple*