

Fortunate February

Hello friends.

As we put away the Christmas Tree and recall the memories of Christmas, a new year has begun. All of us at HKCT wish you a happy and safe 2023.

Our fearless leader Helen is on leave (we look forward to hearing her stories) but our office is humming, with most staff back on deck and our friendly drivers doing what they do best: getting you safely to and from appointments.

Speaking of appointments, the Customer Service Team are ready to assist with your enquiries (we love hearing from you) and here are some points to make your bookings easier:

Make your transport requests early as we can get very busy

Have all of your details ready when you phone us;

Listen to your 2pm Robo call for your pickup-from-home time. Please phone if you didn't receive this or the message seems unclear:

Cancellations or changes need to be made ASAP by calling us as this helps others on our waiting list to get transport;

Be ready for your driver, if you are late the flow-on affects other passengers.

And remember, our office hours are 8.30am to 4.30pm, Monday to Friday.

We enjoy our work at HKCT, particularly the mutual friendliness and stories (when time permits) we share, so never think that your call is unimportant. Your questions are never silly and it's always better to ask several times than be misunderstood or miss out.

Our February Social Outings program has several great trips which will allow you to enjoy the sunshine.

As you are likely aware, the wonderful Bruce has retired so his protege Rick is carrying on the Bruce-tradition. Please be gentle as he lets go of his training wheels on the 27th Feb.

Seniors Week is being celebrated on **Tuesday 14th** with the Lovers of Life event. This day will salute the many contributions seniors have made to our community. And it will be your chance to engage with others—fun and laughter is guaranteed.

Phone in or use the app to make your bookings as they fill up quickly.

Payment at time of booking is much appreciated as this helps the drivers with their end of day.

Sometimes plans can change so if you can't make your booked outing just tell us. This enables someone on our waiting-list to get on board.

Lastly, please see enclosed our **2022- 2023 Client Survey.** We would greatly

appreciate you taking five minutes to answer and return it.

The survey tells us what we are doing well and where we might improve. Your feedback enables us to enhance our transport service and keep pace with future needs.

Please:

Book early for outings and appointments

Phone us ASAP to advise of any changes or cancellations

> On behalf of all of us, Happy Seniors Week, Deb



MONDAY 6 FEBRUARY

Stanwell Tops and Sea Cliff Bridge

Explore the rugged coastline south of Sydney and drive over this spectacular bridge. You will see why hang gliders favour Stanwell Tops! Lunch (your choice and cost) at a *mystery venue* in the local area.

Pickups: 8:15am Turramurra, 8:30am Willow Park, 8:45am Pennant Hills Library.

No home pickups \$20 per person • \$35 per couple Transport only

SATURDAY 11 FEBRUARY

Sydney Harbour Cruise



Come cruising on beautiful Sydney Harbour with Captain Cook Cruises. Enjoy the magnificent 360° views on this 90-minute premium harbour experience. A glass of wine or beer and an Australian cheese and charcuterie board will enhance your day. Cancellation on the day? Call us: 0487 487 033.

Pickups: Ku-ring-gai residents \$70 per person • \$135 per couple Transport, cruise, grazing board

FRIDAY 17 FEBRUARY

World Class Exhibits for Free



Our iconic, re-vamped museum is currently offering free general admission to let you sate your curiosity on its wonders. We will visit for up to three hours so you can lunch on-site (in your own time, choice and cost) between viewing the spell-binding exhibits.

Pickups: Ku-ring-gai residents \$20 per person • \$35 per couple Transport only

TUESDAY 7 FEBRUARY

Wiseman's Ferry Bowling



Enjoy the drive to Wiseman's Ferry, an area surrounded by National Parks. There are beautiful water views of the Hawkesbury River and the area's sandstone escarpments are an impressive sight. Enjoy a delightful two-course menu with tea or coffee on offer.

Home pickups

\$55 per person • \$105 per couple
Transport + lunch included

MONDAY 13 FEBRUARY

Canoelands Orchard



Today we visit the famed Canoelands Orchard. You can stock up on fresh fruit and listen to a talk on bees. Enjoy lunch at your own choice and cost at the on-site café.

Pickups: 8:15am Turramurra, 8:30am Willow Park, 8:45am Pennant Hills Library.

No home pickups

\$35 per person • \$65 per couple
Transport, entry + talk on bees

MONDAY 20 FEBRUARY

Bingo at North Ryde RSL



Bingo is back! Join us for great fun and make new friends while playing. Afterwards, enjoy lunch at the Riverview Restaurant where you can select and pay for a meal. Bingo will be an additional charge of \$20 (10 games) to pay at the venue.

Pickups: 9:15am Turramurra, 9:30am Willow Park, 9:45am Pennant Hills Library.

No home pickups

\$20 per person • \$35 per couple

Transport only

FRIDAY 10 FEBRUARY

Fish 'n' Chips Bobbin Head



By popular request we return to the Waterside Bistro, overlooking the waters at Bobbin Head. Enjoy their signature fish and chips, salad, tea or coffee with a brownie taster. Make the most of this beautiful spot with a walk along the boardwalk. You may even see some tiny crabs!

Pickups: Hornsby residents

\$45 per person • \$85 per couple
Transport + lunch included

TUESDAY 14 FEBRUARY

Seniors Week Lovers-of-Life



It's Valentines Day, the perfect day to celebrate life and love. Join us for an outdoor celebration on our croquet lawn (weather dependent). Wear your best party clothes and enjoy the music, singing along or dancing. Chef Tony will provide a lunch to surpass others and there will be a glass of bubbles waiting for you!

Home pickups

\$35 per person • \$65 per couple
Transport, lunch + entertainment

TUESDAY 21 FEBRUARY

Dural Country Club



Summer is such a beautiful time to take a drive out to Dural. Enjoy a particularly tasty set menu (alternate servings, including your main course, dessert, tea or coffee) in the club's delightful settings.

This was a superb day out and we loved our driver.

Home pickups \$50 per person • \$95 per couple Transport + lunch included

FRIDAY 24 FEBRUARY

Fish 'n' Chips **Bobbin Head**



SATURDAY 25 FEBRUARY

MONDAY 27 FEBRUARY

Sydney Harbour

Richmond and Windsor Tour



By popular request we return to the Waterside Bistro, overlooking the waters at Bobbin Head. Enjoy their signature fish and chips, salad, tea or coffee with a brownie taster. Make the most of this beautiful spot with a walk along the boardwalk. You may even see some tiny crabs!

Come cruising on beautiful Sydney Harbour with Captain Cook Cruises. Enjoy the magnificent 360° views on this 90-minute premium harbour experience. A glass of wine or beer and an Australian cheese and charcuterie board will enhance your day. Cancellation on the day? Call us: 0487 487 033.

A history trail of Governor Macquarie, with stops at Linwood Country Club for morning tea and North Richmond Panthers for lunch at your own choice and cost. Call to book early as places are limited! Pickups: 8:15am Turramurra, 8:30am Willow Park, 8:45am Pennant Hills Library.

Pickups: Ku-ring-gai residents \$45 per person • \$85 per couple Transport + lunch included

Pickups: Hornsby residents \$70 per person • \$135 per couple Transport, cruise, grazing board

No home pickups \$20 per person • \$35 per couple **Transport only**

TUESDAY 28 FEBRUARY

Yarra Bay Sailing Club



Due to the success and popularity of the last lunch at Yarra Bay, we are making the most of the summer months and returning to this picturesque venue overlooking the beach. 'Csalt On The Beach' are offering a very affordable, tasty twocourse menu for you today.

Home pickups \$40 per person • \$75 per couple Transport + lunch included



Need a Cabcharge to get home?



Call us for the cost: 9983 1611

Prepayment is appreciated Prepayment for outings where tickets/meals are included is required

Pricings are applicable only to CHSP-eligible clients of HKCT Other client prices are available upon request

> **Cancellations** within 3 (or more, per venue rules) working days of an outing now incurs 100% charge

For everyone's good health...



COVID-19 remains a threat and many of our clients are vulnerable. Masks are advised so you may be asked to wear one to help protect a fellow passenger with compromised health. Please stay home if feeling unwell.



How to get out and about—regularly Meeting other seniors in your local area Book for up to a month in advance



Social Shopping Sojurns

Door-to-door return • One hour shopping

Centre	Weekly	For residents
West Pymble IGA	Monday mornings	within 3km of West Pymble IGA
Turramurra IGA	Monday mornings	within 3km of Turramurra IGA
East Lindfield IGA	Monday afternoons	within 3km of East Lindfield IGA
Westleigh Village	Tuesday mornings	within 3km of Westleigh Village
Thornleigh Marketplace + Aldi	Tuesday afternoons	within 3km of Thornleigh Marketplace

Comprehensive Shopping



Door-to-door return • Two to three hour shopping

Centre	Weekly	For residents
Berowra Coles + Aldi, Mt Ku-ring-gai	Monday afternoons	of Mt Colah, Mt Ku-ring-gai, Berowra and Berowra Heights
Carlingford Court	Wednesdays	between Normanhurst to Carlingford
St Ives Village	Wednesdays	between Wahroonga to Turramurra
St Ives Village	Thursdays	of North Turramurra and St Ives
Macquarie Centre	Thursday 9 February	between Turramurra–Roseville–Epping
Gordon shops	Thursdays	between Roseville to Pymble
Hornsby Westfield	Thursdays	of Hornsby Heights, Asquith, Wahroonga, Thornleigh, Normanhurst
Hornsby Westfield	Fridays	of Brooklyn to Hornsby Heights, Turramurra to Normanhurst, Asquith
Cherrybrook Village	Fridays	of Castle Hill to Galston, Cherrybrook and Pennant Hills