

# ADVANCE CARE PLANNING



8 August 2024

## WORKSHOP 10AM TO 12PM



COMMUNITY  
EVENT

Advance care planning involves planning for your future health care. It enables you to make some decisions now about the health care you would or would not like to receive if you were to become seriously ill and unable to communicate your preferences or make treatment decisions.



MORNING TEA  
PROVIDED

**Facilitated by Kelly Arthurs (Nth Narra Member) and local Nurse Practitioner and will cover:**

- What is Advance Care Planning and why it is so important to discuss?
- What are the most important aspects to consider with Advance Care Planning.
- Q&A with a local special guest
- Opportunity to reflect, have a conversation, and commence your own Advance Care Planning journey.
- What to do next?

## 8 AUGUST 2024

**NORTH NARRABEEN SURF LIFE SAVING CLUB**

2 Malcolm Street North Narrabeen

**FREE REGISTRATION**

<https://events.humanitix.com/acp-narra>

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