

# Judicious January

## Greetings!

Amid the festivities, your year-end must do's and (no doubt) a few solemn reflections too, we are all aware of the new year just moments away—and more plans that must be made. Thus, I invite you to prove your good judgment and wisdom in decision-making from the very start of 2025! Didn't someone famous say 'Begin as you mean to go on, and go on as you began'?

All at HKCT hope your first plan for 2025 is to decide to get out more and socialise with others – be it with friends, family or friends you have not yet met! And your best way is to join our social outings, perhaps a shopping shuttle (even once a month) just to be in good company to shop, browse or simply stop for a tea or coffee and observe life.

At HKCT our first plan is ensuring we meet, if not exceed, your expectations with our services and investigate what else we could do, how else we might communicate with you and make it easier for you to contact us.

**We will never** not take your calls (goodness, the team would go on strike!) but can we reduce time lost on the mechanics of your arrangements? That way we'll have more time to ask 'how are you today?' when we call to confirm your booking and that you'll hear from us at 2pm the day before. Hence you are invited (urged, even) to complete our annual client survey. Please be objective and honest as your feedback is vital and sincerely appreciated! You can mail back a paper copy or click this link to complete the HKCT survey. And there's a hamper to be won.



My personal plan for 2025 is to test something I just read, the list of Real Luxuries in Life: **time, health, a quiet mind, slow mornings, ability to travel, rest without guilt, a good night's sleep, meaningful conversations, people you love, people who love you back.** If the author had added **glasses of bubbles,** I'd say this list was perfect!

Let's live in every moment, whether it is noticing something pretty or the company of others. We must not ignore our health as slow mornings, rest and sleep helps us face the world with a smile and the will to make the most of what we can do. The people in our lives

must know they are loved – with reciprocity hoped for but, if not received, forgiveness and a search for new connections are within our control.

And travel! We might not be off to Paris or New York for 6 weeks (first class, of course) but we can go out, get out, experience something new. Speak to someone new via a smile or a kind word, a brief moment or with a thoughtful question. You can travel as much as you like... because that's why we are here...to take you to the world!

*Cheers, Helen*



**Sunday:**  
Australia Day



**Monday:** no services  
and office closed



**Exercise classes resume;**  
book by Friday 20 Dec

## MONDAY 20 JANUARY

### Rick's City Tour, Sailing Club Lunch



Remind yourself how beautiful our city is! Rick will drive you past some of Sydney's iconic attractions, with a stop at Centennial Park for morning tea, before going on to a superb lunch at the renowned Drummoyne Sailing Club (your choice and cost).  
**Pickups:** 8:15 HKCT Turramurra; 8:30 Willow Park; 8:45 Pennant Hills Library.

#### No home pickups

**\$25 per person • \$45 per couple**

Transport only

## TUESDAY 28 JANUARY

### Yarra Bay Sailing Club Lunch



A standout favourite near La Perouse, offering a relaxing lunch overlooking the beach. 'CSalt on the Beach' has an affordable, tasty two-course menu. **Please be ready** with your meal choice when booking: beer battered fish, chips and salad; or chicken schnitzel with chips and salad; or penne boscaiola; followed by dessert-of-the-day and tea and coffee.

#### Home pickups

**\$50 per person • \$95 per couple**

Transport + lunch included

## TUESDAY 21 JANUARY

### Palm Beach Cruise & Lunch



Savour the view and serenity aboard a 1-hour scenic boat cruise on shimmering Pittwater. Then to Club Palm Beach for a **delightful two-course lunch** with mains of: roast-of-the-day; fish 'n' chips or chicken schnitzel with chips and salad; followed by dessert. Orders will be taken on the day.

#### Home pickups

**\$60 per person • \$115 per couple**

Transport, cruise + lunch included

## FRIDAY 31 JANUARY

### Bobbin Head Lunch at Waterside Bistro



Enjoy the scenic drive down to Bobbin Head for a short walk along the picturesque marina before relaxing over lunch by the water. Waterside Bistro will be serving their signature fish 'n' chips or vegetarian pasta, plus tea or coffee with a brownie taster. **Please place your lunch choice** at the time of booking.

#### Home pickups

**\$55 per person • \$105 per couple**

Transport + lunch included

## FRIDAY 24 JANUARY

### Runaway Spoon Lunch & Movie 'Conclave'



After a delicious brunch at Runaway Spoon (your choice and cost), enjoy this fascinating movie at Roseville Cinema. Starring Ralph Fiennes and Isabella Rossellini, it's set in the Vatican City with stunning cinematography. Cardinal Lawrence must select a new pope but secrets threaten to shake the church's foundations. Excellent reviews deem this a must-see!

#### Home pickups

**\$40 per person • \$75 per couple**

Transport + movie included



### Emergency Plus

Equip yourself with a powerful (free) tool to call 000 quickly and accurately communicate your location to emergency call-takers.

*Click to learn more*

# Can we call you?

Up to  
**270**  
in a day

We know you don't like leaving voicemail messages for us, but as our hardworking office team takes hundreds of calls, we need your help.

Here are the alternative ways to get in touch:

**Email** your query and we will phone you as quickly as we can

**Email** your booking details and we will ring back asap (bookings are 'confirmed' only when we call you)

**Complete** your booking request on our website and we'll call back as soon as we can

*Email address (click here)*  
[info@communitytransport.org.au](mailto:info@communitytransport.org.au)

*Web address (click to visit)*  
[communitytransport.org.au](http://communitytransport.org.au)



# Helen wants to know your secret



Anne told me "Add custard powder to your pastry to make it a sure-fire winner", so I'm after any tips you have for standout mince pies?



Please email me your chef's-secret:  
info@communitytransport.org.au

Cheers, Helen

## If you always do what you've always done, you'll always get what you've always got HENRY FORD

We know we are important to our clients and what we do, we do well, but is there something else we could offer you?

Please complete our Client Survey to measure your satisfaction. We welcome honest feedback, ideas and suggestions.



### Survey: on paper or online

Complete our survey (with your name and phone number) before 15th Feb to go into the draw for a hamper of goodies.

QR will take you to our survey's online version



## Keeping capable

Let's come alive in 2025

The exercise classes resume 22 January so please book by Friday 20 December to secure your place and our transport



“ Hello, this is the Security Department for Visa and MasterCard, we urgently need to verify your details... PHONE EXAMPLE

You have an outstanding debt with the Tax Office... SMS EXAMPLE

We have hacked into your computer... EMAIL EXAMPLE ”

**Scammers use**  
emails, phone calls  
and sms messaging

**Do not give**  
your personal, card  
or account details

**Use only publicly**  
**displayed contact details**  
e.g. from regular bills

Stay up-to-date with the latest, visit: [scamwatch.gov.au](https://scamwatch.gov.au)

## HKCT Social Shopping Sojourns: door-to-door return • one hour shopping for just \$10/15

Centre	Drop-off/Pickup	For residents of	Book by
Turrumurra IGA <i>Tuesday 7 Jan, Mondays thereafter</i>	10am / 11am	East Gordon, North Wahroonga, Pymble, West Pymble Turrumurra, Wahroonga, South Turrumurra	Wednesday
East Lindfield Shops <i>Tuesday 7 Jan, Mondays thereafter</i>	1pm / 2pm	East Killara, East Lindfield, Lindfield, Roseville, Roseville Chase	Wednesday
Westleigh Village <i>Tuesdays</i>	10am / 11am	Normanhurst, Pennant Hills, Thornleigh, Westleigh	Thursday
Thornleigh Marketplace <i>Tuesdays</i>	1:30pm / 2:30pm	Beecroft, Normanhurst, Pennant Hills, Thornleigh, Westleigh	Thursday

## HKCT Comprehensive Shopping: door-to-door return • two to three hours shopping for just \$15/\$25

Centre	Drop-off/Pickup	For residents of	Book by
Aldi Mt Ku-ring-gai & Berowra V. <i>Tuesday 7 Jan, Mondays thereafter</i>	1:30pm / 3:15pm	Berowra, Berowra Heights, Mount Colah, Mount Ku-ring-gai	Wednesday
Carlingford Court <i>Wednesdays</i>	10:30am / 1pm	Beecroft, Cheltenham, Epping, Pennant Hills	Friday
St Ives Village <i>Wednesdays</i>	10am / 1pm ..... 11am / 2pm .....	East Gordon, Gordon, Killara, Turrumurra, Pymble, West Pymble Turrumurra, Pymble, St Ives, St Ives Chase	Friday
Macquarie Centre <i>Wednesdays</i>	11am / 1pm	<b>8 January</b> Gordon, Killara, Lindfield, North Wahroonga, Pymble Roseville, Turrumurra, Wahroonga, Warrawee	Friday
	11am / 1pm	<b>15 January</b> Beecroft, Cheltenham, Epping, North Epping, Normanhurst, Pennant Hills, Thornleigh, Westleigh	Friday
Gordon Shops <i>Thursdays</i>	10am / 12 midday	East Gordon, East Killara, East Lindfield, Gordon, Killara, Pymble Lindfield, Roseville, Roseville Chase, West Pymble	Monday
St Ives Village <i>Thursdays</i>	10am / 12 midday .....	East Gordon, Gordon, Pymble, Killara, St Ives	Monday
	11am / 1pm .....	North Turrumurra, Turrumurra, St Ives Chase, Pymble, St Ives	
Hornsby Westfield <i>Thursdays</i>	10am / 1pm .....	Normanhurst, North Wahroonga, Thornleigh, Wahroonga, Waitara	Monday
	11am / 2pm .....	Hornsby, Hornsby Heights	
Cherrybrook Shops <i>Fridays</i>	9:30am / 12:15pm .....	Cherrybrook, West Pennant Hills	Tuesday
	11am / 1pm .....	Arcadia, Castle Hill, Dural, Fiddletown, Galston, Middle Dural	
Hornsby Westfield <i>Fridays</i>	10am / 1pm	Asquith, Berowra, Berowra Heights, Brooklyn, Cowan, Hornsby Heights Mount Colah, Mount Ku-ring-gai, Normanhurst, North Wahroonga, Turrumurra, Wahroonga, Waitara, Warrawee	Tuesday

Prices are applicable only to CHSP-eligible clients of HKCT. Other client prices available upon request. Correct as of January 2025.