

Fabled February

Greetings!

So named because we think you are fabulous, faith-filled, forgiving, and fascinating; and we want you to fearlessly attract the attention of friends and family. It's time you're free to be you, and the you that you know is within you.

I wonder why we humans don't harness the best super-power we have: choice. To choose what we will do, how we will view and then consider a circumstance. Every day our opportunities to choose are frequent, the way we choose and the choices we make shape our destiny, our happiness, and our peace of mind. As Emerson said, "A man is what he thinks about all day long". So, prove you are worthy of fable status and choose the right thoughts! If we do, we will solve many of our problems.

A problem we can easily solve is being a statistic of extreme heat; Australia's most deadly natural disaster. Heat kills more than any other disaster and such events are becoming longer, more frequent and intense. **As we age it's harder for our body to cool and harder to feel higher temperatures, so we might not realise we are at risk until it's too late.** Staying safe includes avoiding outdoor activities in the hottest part of the day, drinking lots and lots of water and avoiding alcohol or caffeine, wearing a broad-brimmed hat and sunglasses while seeking air-conditioned spaces such as shopping centres, cinemas or clubs. And sun-smart clothing is light coloured and loose fitting with sleeves.

As you read through our February outing options, you'll notice many of them are to our beautiful waterways as we take advantage of the summer weather, a sea breeze and, now, without so many holidaymakers! Just because it's warm or even hot, doesn't mean you should stay home with blinds drawn as our buses and venues are air-conditioned.

Will you pause to think of a love of your life on the

14th? I hope so. Even if they no longer sit with us, isn't our life richer for having them at all? I will be choosing to remember past love fondly...

Something else I am considering fondly and frankly is **your return of our Annual Client Survey**, sent out in December. If you'd like another copy, please let us know or visit our

website. We truly want your honest feedback, ideas for additional services or how we can help you a little more or a little better. We are also asking how you use technology, so we can ensure we are planning our communication options for you appropriately.

A final thought on being fabled, and how important our thoughts and feedback is courtesy of Moliere: "It is not only for what we do that we are held responsible, **but also for what we do not do.**"

Cheers, Helen



Client Survey 2024-25

We need to hear from you so please just **click or tap here** to be taken to our survey form.

Or call us for a paper version:
9983 1611

An Irish Blessing

May your day be filled with blessings
Like the sun that lights the sky

May you always have the courage
To spread your wings and fly



MONDAY 3 FEBRUARY

Paddle Wheeler Cruise on Nepean Belle



Relax aboard the Belle while cruising the splendid Nepean Gorge. Enjoy a hearty 2-course lunch, including roast chicken, sauteed potatoes, basil pesto pasta, Greek salad and tasty desserts with tea/coffee. **Please bring cash for drinks. Toilets are upstairs so this is for the more mobile. Pickups:** 9:15 HKCT Turramurra; 9:30 Willow Park; 9:45 Pennant Hills Library.

OUTING
of the
MONTH

No home pickups

\$90 per person • \$175 per couple
Transport, cruise + lunch included

SATURDAY 8 FEBRUARY

New: Wisemans Ferry & Heritage Valley Café



Join us for a beautiful drive to Wisemans Ferry and lunch at The Heritage Valley Café, with a choice of three dishes. Please have your choice ready when booking: home made quiche with green salad; pie-of-the-day with mushy peas and gravy or battered-hoki fish and chips. **Saturday cancellations must phone 0473 478 890.**

Home pickups

\$60 per person • \$115 per couple
Transport + lunch included

FRIDAY 14 FEBRUARY

Church Pt Ferry, Pasadena Restaurant



Enjoy beautiful Pittwater on the ferry, passing Scotland Island, Elvina and Lovett Bays. Then lunch with views at Pasadena for a main course and drink. Please have your choice ready when booking: beer battered fish 'n' chips; chicken breast supreme; wild mushroom risotto or rump steak, mash and broccolini with red wine jus.

Pickups: **Hornsby residents**

\$75 per person • \$145 per couple
Transport, ferry, lunch + drink incl.

TUESDAY 4 FEBRUARY

Ettalong Diggers



Delight in our drive up to the Central Coast before lunch at this favoured venue. Enjoy Bistro 51 where you can choose from the bistro menu or their very affordable *seniors menu* for just \$18 (your choice and cost). **Please remember your photo ID.**

Their meals are the best value

SHARON M

Home pickups

\$45 per person • \$85 per couple
Transport only

MONDAY 10 FEBRUARY

Aust. Museum: Machu Picchu & Golden Empires



Go back thousands of years to Machu Picchu and the Golden Empires of Peru. An Australian first, this self-guided exhibition offers stunning artefacts and immersive displays that bring the grandeur of Peru's fascinating history to life. Afterwards, enjoy a light lunch in the museum's café. **Pickups:** 8:15 HKCT Turramurra; 8:30 Willow Park; 8:45 Pen. Hills Lib.

No home pickups

\$60 per person • \$115 per couple
Transport + exhibition included

MONDAY 17 FEBRUARY

Rick's Tour, Lake Macquarie



Our driver Rick is looking forward to taking you on this delightful drive up to Lake Macquarie. Your special day out will include a lunch (your choice and cost) at local favourite The Belmont 16's Club, with unmatched views over the lake. **Pickups:** 8:15 HKCT Turramurra; 8:30 Willow Park; 8:45 Pennant Hills Library.

No home pickups

\$45 per person • \$85 per couple
Transport only

FRIDAY 7 FEBRUARY

Art Gallery NSW: René Magritte



A Belgian surrealist, Magritte is famed for witty and thought-provoking images. Paintings of clouds, hats, pipes and apples are among his 'identity images'. We have arranged a tour guide for this exhibition and you can enjoy an early lunch in the Art Gallery café afterwards (your choice and cost). **Book early as places are limited.**

Home pickups

\$65 per person • \$125 per couple
Transport + tour included

TUESDAY 11 FEBRUARY

Bayview Hotel, Woy Woy



Ease back for the drive up to Woy Woy. Today we will take you for lunch at the Bayview Hotel (always a favourite) where you can order pub classics from their delicious menu (your choice and cost).

It's such a nice trip up

DANIEL L

Home pickups

\$45 per person • \$80 per couple
Transport only

TUESDAY 18 FEBRUARY

Swane's Nursery & Lunch at The Vicar



Since 1919 this nursery has wowed visitors so enjoy a walk to see what's in season and its stunning blooming roses. You may like to buy something pretty for the pots on your doorstep. Then savour lunch at The Bistro at The Vicar (your choice and cost) and learn just why this hotel remains a perennial favourite.

Home pickups

\$25 per person • \$45 per couple
Transport only

FRIDAY 21 FEBRUARY

Church Pt. Ferry, Pasadena Restaurant



Enjoy beautiful Pittwater on the ferry, passing Scotland Island, Elvina and Lovett Bays. Then lunch with views at Pasadena for a main course and drink. Please have your choice ready when booking: beer battered fish 'n' chips; chicken breast supreme; wild mushroom risotto or rump steak, mash and broccolini with red wine jus.

Pickups: **Ku-ring-gai residents**

\$75 per person • \$145 per couple
Transport, ferry, lunch + drink incl.

SATURDAY 22 FEBRUARY

Powerhouse Museum, Castle Hill Lunch



Delight in roaming (self-guided) this intriguing museum. See the various collections of space, technology, arts and transport, including Locomotive No 1, NSW's first passenger train. Then we will take you for a scrumptious lunch at the Castle Hill Tavern (your choice and cost). **Saturday cancellations must phone 0473 478 890.**

Home pickups

\$35 per person • \$65 per couple
Transport only

MONDAY 24 FEBRUARY

Rookwood Cemetery Tour, Dooleys Lunch



After a presentation in the chapel, your tour guide boards our bus to explore Australia's oldest cemetery (tour's free so donations are welcome). Then lunch at Dooley's Lidcombe for a \$17-Special or from the menu, including roast-of-the-day (your choice and cost). **Remember your photo ID. Pickups:** 7:45 HKCT Turramurra; 8:00 Willow Pk; 8:15 Pen. Hills Library.

No home pickups

\$25 per person • \$45 per couple
Transport only

TUESDAY 25 FEBRUARY

Historic Anglers Rest, Brooklyn



Popular demand sees us repeating this outing as a pretty fishing village is always a great day out! Lunch will be at the celebrated Anglers Rest Hotel. They offer a \$20 lunch special (choose and pay on the day): fish, chips and salad; sausages, mash, peas and gravy or chicken schnitzel, chips and salad.

Home pickups

\$25 per person • \$45 per couple
Transport only

FRIDAY 28 FEBRUARY

Birkenhead Point Shopping Delight



Serious shoppers take note: with over 120 stores and three hours to explore them, this is a wonderful opportunity for unbridled browsing and bargain hunting. Then enjoy a leisurely lunch at one of myriad cafés (your choice and cost).

I never miss this one, it's a biggie
JANEJ

Home pickups

\$25 per person • \$45 per couple
Transport only

Keeping capable

Let's come alive in 2025

Classes have resumed so please book your place and our transport:

9983 1611



Can we call you?

Up to
270
in a day

We know you don't like leaving voicemail messages for us, but as our hardworking office team takes hundreds of calls, we need your help.

Here are the alternative ways to get in touch:

Email your query and we will phone you as quickly as we can

Email your booking details and we will ring back asap (bookings are 'confirmed' only when we call you)

Complete your booking request on our website and we'll call back as soon as we can

Email address (click here)
info@communitytransport.org.au

Web address (click to visit)
communitytransport.org.au



HKCT Social Shopping Sojourns: door-to-door return • one hour shopping for just \$10/15

Centre	Drop-off/Pickup	For residents of	Book by
Turrumurra IGA <i>Mondays</i>	10am / 11am	East Gordon, North Wahroonga, Pymble, West Pymble Turrumurra, Wahroonga, South Turrumurra	Wednesday
East Lindfield Shops <i>Mondays</i>	1pm / 2pm	East Killara, East Lindfield, Lindfield, Roseville, Roseville Chase	Wednesday
Westleigh Village <i>Tuesdays</i>	10am / 11am	Normanhurst, Pennant Hills, Thornleigh, Westleigh	Thursday
Thornleigh Marketplace <i>Tuesdays</i>	1:30pm / 2:30pm	Beecroft, Normanhurst, Pennant Hills, Thornleigh, Westleigh	Thursday

HKCT Comprehensive Shopping: door-to-door return • two to three hours shopping for just \$15/\$25

Centre	Drop-off/Pickup	For residents of	Book by
Aldi Mt Ku-ring-gai & Berowra V. <i>Mondays</i>	1:30pm / 3:15pm	Berowra, Berowra Heights, Mount Colah, Mount Ku-ring-gai	Wednesday
Carlingford Court <i>Wednesdays</i>	10:30am / 1pm	Beecroft, Cheltenham, Epping, Pennant Hills	Friday
St Ives Village <i>Wednesdays</i>	10am / 1pm	East Gordon, Gordon, Killara, Turrumurra, Pymble, West Pymble	Friday
	11am / 2pm	Turrumurra, Pymble, St Ives, St Ives Chase	
Macquarie Centre <i>Wednesdays</i>	11am / 1pm	<i>5 February</i> Gordon, Killara, Lindfield, North Wahroonga, Pymble Roseville, Turrumurra, Wahroonga, Warrawee	Friday
	11am / 1pm	<i>12 February</i> Beecroft, Cheltenham, Epping, North Epping, Normanhurst, Pennant Hills, Thornleigh, Westleigh	Friday
Gordon Shops <i>Thursdays</i>	10am / 12 midday	East Gordon, East Killara, East Lindfield, Gordon, Killara, Pymble Lindfield, Roseville, Roseville Chase, West Pymble	Monday
St Ives Village <i>Thursdays</i>	10am / 12 midday	East Gordon, Gordon, Pymble, Killara, St Ives	Monday
	11am / 1pm	North Turrumurra, Turrumurra, St Ives Chase, Pymble, St Ives	
Hornsby Westfield <i>Thursdays</i>	10am / 1pm	Normanhurst, North Wahroonga, Thornleigh, Wahroonga, Waitara	Monday
	11am / 2pm	Hornsby, Hornsby Heights	
Cherrybrook Shops <i>Fridays</i>	9:30am / 12:15pm	Cherrybrook, West Pennant Hills	Tuesday
	11am / 1pm	Arcadia, Castle Hill, Dural, Fiddletown, Galston, Middle Dural	
Hornsby Westfield <i>Fridays</i>	10am / 1pm	Asquith, Berowra, Berowra Heights, Brooklyn, Cowan, Hornsby Heights Mount Colah, Mount Ku-ring-gai, Normanhurst, North Wahroonga, Turrumurra, Wahroonga, Waitara, Warrawee	Tuesday

Prices are applicable only to CHSP-eligible clients of HKCT. Other client prices available upon request. Correct as of February 2025.