

Bonne journee, Helen

The Hornsby Ku-ring-gai Community Transport Board of Directors farewelled Helen Crouch at the June Board Meeting. Helen's final day at our organisation will be this 4th July.

She will be missed for her experience and knowledge. Helen's contributions to community service across the Northern Sydney region have been invaluable.

She leaves a hole that will be difficult to fill but we wish Helen all the best in her upcoming adventures.

The organisation welcomes its new general manager, Ms Tara Russell. Working in home and community care for 12 years, Tara's most recent role was as CEO of the Community Transport Peak Body.

She brings a passion for how supported and accessible transport enhances the quality of life for individuals – and our community.

Tara is excited to be part of an organisation essential to helping people stay connected, active and independent.

Aged Care Reform: What You Can Expect

You may know the new Aged Care Act will commence on 1 November 2025 to give older Australians more choice, respect and transparency in the services they receive, including transport. Key changes include:

Greater focus on individual goals – what matters most to you;

Stronger consumer protections and clearer service standards;

Enhanced recognition of the voices of older people in shaping the system.

At HKCT, we're preparing for these changes to assist with what they mean for you.

WHAT'S
NEW?

Updating Our Booking System

We're rolling out new software to enhance your bookings and improve our service. In the next couple of weeks we might ask for a bit of extra information when you call and need a little longer to input your booking or to answer questions. We really appreciate your patience as we get up to speed!

thank
you

What, no outings in Week 1? To help our team launch the system, we're pausing outings until 7 July. However your regular transport will continue unchanged.



Have a question about our new system, aged care reforms or our services? Don't hesitate to email: info@communitytransport.org.au or call us.

MONDAY 7 JULY

Whale Watching



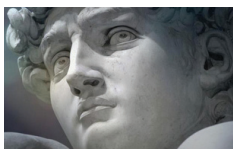
It's whale watching season so dress snugly for Cape Solander and the humpbacks' migration. We will stop for coffee and a short foreshore walk to Captain Cook's monument (or stay at the café). Then Cronulla RSL for lunch with ocean views (your choice and cost). **Please remember photo ID. Pickups:** 8am Berowra; 8:30 Pen. Hills Library; 8:45 Cherrybrook Skate Pk.

Home pickups

\$45 per person • \$85 per couple
Transport only

SATURDAY 12 JULY

Lunch & Movie: 'Michelangelo: Love & Death'



After an early lunch at West Pymble Bowling Club (your choice and cost), we go to Roseville Cinema for 'Michelangelo: Love and Death'. The life and work of this High Renaissance genius is made real in this fascinating documentary as it explores his relationship with contemporaries.

Quiz: what was his surname?
See bottom of next page

Home pickups

\$55 per person • \$105 per couple
Transport + movie included

WEDNESDAY 16 JULY

Sydney Morning Masters



Enjoy coffee & cake before the concert with oboist Diana Doherty, singer Julie Oguey, percussionist Mark Robinson and bassist Jaan Pallandi presenting 'Entre Amis'. It's a playful mix of classical and not-quite classical music. Then meet the artists before an hour's lunch or shopping in Chatswood (your choice and cost). **Book by 9 July. 7-day cancellation applies.**

Home pickups

\$75 per person • \$145 per couple
Transport + concert included

TUESDAY 8 JULY

Christmas in July at The Fiddler



OUTING of the MONTH

Why wait for year-end to celebrate? Delight in a *welcome-drink* in Rouse Hill, followed by a two-course traditional Christmas lunch and entertainment (all included). Our hosts at The Fiddler always deliver the fun! **Book by 23 June. Full payment on booking and it is a non-refundable event.**

Home pickups

\$85 per person • \$165 per couple
Transport, lunch, entertainment incl.

MONDAY 14 JULY

Whale Watching



It's whale watching season so dress snugly for Cape Solander and the humpbacks' migration. We will stop for coffee and a short foreshore walk to Captain Cook's monument (or stay at the café). Then Cronulla RSL for lunch with ocean views (your choice and cost). **Please remember photo ID. Pickups:** 8:15 HKCT Turra.; 8:30 Willow Pk, Hornsby; 9:00 Marian St. Theatre.

No home pickups

\$45 per person • \$85 per couple
Transport only

FRIDAY 18 JULY

SH Erwin Gallery Tour & Lunch



A unique tour of The Salon des Refuses, the artworks not selected for display in the Archibald prize. Salon des Refuses now rivals the 'official' exhibition (we visited last month). Afterwards enjoy lunch (your choice and cost) in the Trust Café at this Millers Point gallery. **Full payment at time of booking. 7-day cancellation applies.**

Home pickups

\$45 per person • \$85 per couple
Transport + tour included

FRIDAY 11 JULY

Innovations & Damart Extravaganza



Here's your chance to top up the winter wardrobe, browsing among renowned brands for showroom and clearance-outlet bargains. Please bring bags and *cash-only* for the clearance outlet. Then onto lunch at Forestville RSL, offering a tasty but affordable Seniors menu for \$17 (your choice and cost). **Please bring your Seniors Card.**

Home pickups

\$25 per person • \$45 per couple
Transport only

TUESDAY 15 JULY

NEW Silverwater Hotel Lunch



We venture to a different part of Sydney today for lunch at the Silverwater Hotel. They offer a very affordable \$18 lunch special: bangers and mash; chicken schnitzel, fish and chips; Greek salad or pesto pasta, or choose a favourite from their main menu (your choice and cost).

Home pickups

\$25 per person • \$45 per couple
Transport only

MONDAY 21 JULY

Rick's Eastern Suburbs Tour



Always a hit, enjoy this scenic drive exploring some of Sydney's most beautiful bays. Then on to Watsons Bay for fish and chips or whatever you fancy (your choice and cost) while taking in the magnificent views of our sparkling harbour. **Pickups:** 8:15 HKCT Turra.; 8:30 Willow Pk, Hornsby; 8:45 Pennant Hills Library.

No home pickups

\$25 per person • \$45 per couple
Transport only

TUESDAY 22 JULY

Gosford RSL Lunch Delight



Having become a recent client-favourite we are returning to Gosford RSL Club, the Central Coast's newest club. Lunch will be in The Gardens, a bistro offering a mouth-watering selection of classics and other temptations-with-a-twist. Join us to confirm why this outing is such a hit.



Home pickups

\$25 per person • \$45 per couple

Transport only

MONDAY 28 JULY

Mystery Drive & Lunch



How adventurous are you feeling? It's our driver's choice so you go to the mountains, the countryside, a river or the sea. We will keep you guessing until the day but you won't be disappointed with this destination and lunch (your choice and cost)!

Pickups: 8:15 HKCT Turramurra;
8:30 Willow Park, Hornsby;
8:45 Pennant Hills Library.

No home pickups

\$45 per person • \$85 per couple

Transport only

FRIDAY 25 JULY

SH Erwin Gallery Tour & Lunch



A unique tour of The Salon des Refuses, the artworks not selected for display in the Archibald prize. Salon des Refuses now rivals the 'official' exhibition (we visited last month). Afterwards enjoy lunch (your choice and cost) in the Trust Café at this Millers Point gallery. Full payment at time of booking. 7-day cancellation applies.

Home pickups

\$45 per person • \$85 per couple

Transport + tour included

TUESDAY 29 JULY

NEW

Glasshouse Grill, Pittwater RSL



Here's another first-timer to try! The Glasshouse Grill at Pittwater RSL is offering delicious winter lunch specials for just \$19. You will be delighted by this lovely lunch venue. Please remember photo ID.

HKCT keeps coming up trumps!

ELSIE W

Home pickups

\$25 per person • \$45 per couple

Transport only

SATURDAY 26 JULY

West Head Lookout, Akuna Bay



Welcome aboard Weekend Warriors! We are off to the lookout for stunning views of Pittwater, Barrenjoey Head-land and Lighthouse, Lion Island Nature Reserve and Central Coast beaches. The we will lunch at The Shed (your choice and cost) by Akuna Bay's marina. Saturday cancellations must phone 0473 478 890.

Home pickups

\$35 per person • \$65 per couple

Transport only

Sing-a-long Monday

No musical ability expected

Gordon Pymble Uniting Church
run sing-alongs on Mondays

Starting at 1.30pm and going
for 45 minutes, followed
by afternoon tea in the
Sensory Garden Café.

No expertise required and you
are sure to know the Australian
classics, well known songs and
songs from musicals.

Inclusive for those living with
dementia and just \$5 (cash)
each on the day.

Mondays:

28 July — 22 September

Call us to get you there and back
9983 1611



Healthy Aging Tip Winter tempts you to stay put in the warmth of home but don't let your health slip: stay engaged and connected.

It is essential to activate those synapses and get your endorphins flowing so **keep moving, stay hydrated, and stay social.**

Remember: our busses are toasty and a chance for a cuppa and a chat. But if you're not up for a whole day, use our shopping bus for a lap around the stores (window shopping and people-watching is free).

Our vehicles are as warm as our welcomes

PREHEATED
buses and
cars

ON TIME
punctual
pickups

DON'T MISS
the warmth our
outings generate

HKCT Social Shopping Sojourns: door-to-door return • one hour shopping for just \$10/15

Centre	Drop-off/Pickup	For residents of	Book by
Turramurra IGA <i>Mondays</i>	10am / 11am	East Gordon, North Wahroonga, Pymble, West Pymble Turramurra, Wahroonga, South Turramurra	Wednesday
East Lindfield Shops <i>Mondays</i>	1pm / 2pm	East Killara, East Lindfield, Lindfield, Roseville, Roseville Chase	Wednesday
Westleigh Village <i>Tuesdays</i>	10am / 11am	Normanhurst, Pennant Hills, Thornleigh, Westleigh	Thursday
Thornleigh Marketplace <i>Tuesdays</i>	1:30pm / 2:30pm	Beecroft, Normanhurst, Pennant Hills, Thornleigh, Westleigh	Thursday

HKCT Comprehensive Shopping: door-to-door return • two to three hours shopping for just \$15/\$25

Centre	Drop-off/Pickup	For residents of	Book by
Aldi Mt Ku-ring-gai & Berowra V. <i>Mondays</i>	1:30pm / 3:15pm	Berowra, Berowra Heights, Mount Colah, Mount Ku-ring-gai	Wednesday
Carlingford Court <i>Wednesdays</i>	10:30am / 1pm	Beecroft, Cheltenham, Epping, Pennant Hills	Friday
St Ives Village <i>Wednesdays</i>	10am / 1pm 11am / 2pm	East Gordon, Gordon, Killara, Turramurra, Pymble, West Pymble Turramurra, Pymble, St Ives, St Ives Chase	Friday
Macquarie Centre <i>Wednesdays</i>	11am / 1pm	<i>2 July</i> Gordon, Killara, Lindfield, North Wahroonga, Pymble Roseville, Turramurra, Wahroonga, Warrawee	Friday
	11am / 1pm	<i>9 July</i> Beecroft, Cheltenham, Epping, North Epping, Normanhurst, Pennant Hills, Thornleigh, Westleigh	Friday
Gordon Shops <i>Thursdays</i>	10am / 12 midday	East Gordon, East Killara, East Lindfield, Gordon, Killara, Pymble Lindfield, Roseville, Roseville Chase, West Pymble	Monday
St Ives Village <i>Thursdays</i>	10am / 12 midday	East Gordon, Gordon, Pymble, Killara, St Ives	Monday
	11am / 1pm	North Turramurra, Turramurra, St Ives Chase, Pymble, St Ives	
Hornsby Westfield <i>Thursdays</i>	10am / 1pm	Normanhurst, North Wahroonga, Thornleigh, Wahroonga, Waitara	Monday
	11am / 2pm	Hornsby, Hornsby Heights	
Cherrybrook Shops <i>Fridays</i>	9:30am / 12:15pm	Cherrybrook, West Pennant Hills	Tuesday
	11am / 1pm	Arcadia, Castle Hill, Dural, Fiddletown, Galston, Middle Dural	
Hornsby Westfield <i>Fridays</i>	10am / 1pm	Asquith, Berowra, Berowra Heights, Brooklyn, Cowan, Hornsby Heights Mount Colah, Mount Ku-ring-gai, Normanhurst, North Wahroonga, Turramurra, Wahroonga, Waitara, Warrawee	Tuesday

Prices are applicable only to CHSP-eligible clients of HKCT. Other client prices available upon request. Correct as of July 2025.