

September is my favourite time of year

Not only is it my birthday month, but it is also the month of daffodils. A good time to turn over a new leaf and decide to join us for a social outing.

This month celebrates our gardens: tulips, Sculpture in the Garden...offering great opportunities to get out and welcome in spring.

I want to highlight our Shopping Shuttle program with its weekly trips to your favourite and local shopping centres. Group-shopping helps you connect with others, keeps your transport costs affordable and allows enough time to get your errands done.

Organised by area, we offer 1-hour 'essentials shopping' or 3-hour 'shop-til-you-drop' retail therapy sessions. Call our friendly team to discuss which shuttles are available for you.



Are You a Carer?

Carers NSW are running a My Aged Care information session on how to access government funded services that support older people to stay at home longer. However, many carers find the aged care system difficult to navigate so register for this **free online workshop by emailing: education@carersnsw.org.au**

Computer Pals for Seniors is also worth looking up for help with pesky technology. This friendly club provides courses and assistance in Ku-ring-gai and surrounds. Whether it is a smart phone question, help with a computer, or understanding streaming TV, they can help: **9416 9049**.

I want to finish by reminding you that while we can get you to your health appointments, we are also your first call for social, civic, religious, family, friendship or just-for-the-fun-of-it reasons—as often as you'd like. Community transport makes connections that let you be your best self. Call us to ask about your next adventure.

Tara Russell



MONDAY 1 SEPTEMBER

Alison Homestead and Lunch



Go back in time with a visit to this beautiful Homestead Museum. It's two-hectare rural setting on Wyong's first land grant dates to 1825. Afterwards enjoy lunch in the café, including a sausage sandwich, salad, pavlova, tea and coffee. **Book by 22 August—no refunds. Pickups:** 8:15 HKCT Turramurra; 8:30 Willow Park, Hornsby; 8:45 Pennant Hills Library.

No home pickups

\$65 per person • \$125 per couple
Transport, museum, lunch inclu.

MONDAY 8 SEPTEMBER

Rick's Northern Beaches Tour



Sit back as Rick looks after you during a superb trip to some of Sydney's finest beaches. Our big day includes a casual lunch at (newly renovated) Mona Vale Golf Club (your choice and cost). **Pickups** 8:15 HKCT Turramurra; 8:30 Willow Park, Hornsby; 8:45 Pennant Hills Library.

No home pickups

\$25 per person • \$45 per couple
Transport only

TUESDAY 2 SEPTEMBER

Time & Tide Hotel, Dee Why



Our hosts greet us for another delicious set lunch. Their mouthwatering menu includes grilled salmon, mash and vegetables with servings of chips and salad on the table and dessert to follow. A small bottle of champagne will be served with your meal before you finish with a relaxing tea or coffee.

Home pickups

\$75 per person • \$145 per couple
Transport, lunch, champagne inclu.

TUESDAY 9 SEPTEMBER

Mooney Mooney Club Lunch Delight



Savour a leisurely lunch at this delightful club with its beautiful views over the Hawkesbury River. **Please be ready with your meal choice** when booking: beer battered fish and chips and salad; chicken schnitzel, chips, salad and gravy or chicken Caesar salad. **Please book by 29 August—no refunds.**

Home pickups

\$50 per person • \$95 per couple
Transport + lunch included

WEDNESDAY 3 SEPTEMBER

Sydney Morning Masters Concert



Enjoy coffee and cake before the concert: The Muffat Collective with singer Louis Hurley. This quartet specialises in performance of 17/18th century music with a program of Purcell and Handel. Then meet the artists before an hour's lunch (your choice and cost) or go shopping in Chatswood. **Please book by 26 August—no refunds.**

Home pickups

\$75 per person • \$145 per couple
Transport + concert included

FRIDAY 12 SEPTEMBER

Sculpture Trail, Ku-ring-gai Wildflower Garden



Half-day Outing: upon arrival at the garden you will enjoy tea, coffee and scones served at Dampiers Clearing, followed by a leisurely walk of the Sculpture Trail. Celebrating sustainable art, it will showcase the skill and imagination of both renowned artists and emerging talent from the region. **Please book by 3 September—no refunds.**

Pickups: **Hornsby residents**

\$35 per person • \$65 per couple
Transport + tea, scones included

SATURDAY 13 SEPTEMBER

Musical Masterpiece: 'My Fair Lady'



The timeless tale of Eliza Doolittle, a flower girl on a transformative journey guided by Professor Henry Higgins. This 2–5pm performance (20 min break) in Normanhurst Uniting's church will be a great mix of humour and romance, with our Driver Ed in the crew! **Please book by 29 August—no refunds. Saturday cancellations must phone 0473 478 890.**

Home pickups

\$65 per person • \$125 per couple
Transport + show included

MONDAY 15 SEPTEMBER

80,000 Tulip Extravaganza, Bowral



OUTING of the MONTH

Do join us for the stunning Spring tulip-time flower festival, boasting a spectacular display of thousands of mass-planted tulips and annuals in Corbett Gardens, Bowral. Then enjoy a roast chicken and vegetable lunch with tea and coffee at Mittagong RSL. **Book by 25 August—no refunds. Pickups:** 8:00 HKCT Turramurra; 8:30 Marian St. Theatre, Killara.

No home pickups

\$85 per person • \$165 per couple
Transport, festival + lunch included

TUESDAY 16 SEPTEMBER

Harbord Diggers Club, Freshwater



Enjoy the drive up to Freshwater Beach for a hearty lunch. This iconic oceanside club is offering a lunch special for just \$16, including these favourites: roast of the day; battered fish and chips; or chicken schnitzel, chips and salad (your choice and cost).

Home pickups

\$25 per person • \$45 per couple
Transport only

FRIDAY 19 SEPTEMBER

Westfield Warringah Mall



Grab this opportunity to shop somewhere new at this unique indoor/outdoor mall. With over 350+ stores to browse and cafés aplenty, you will love this outing! We will be there for three hours to assure you of a leisurely visit with time for lunch (your choice and cost). Come and enjoy everything 'shopable' from Anaconda to Zimmermann.

Home pickups

\$25 per person • \$45 per couple

Transport only

TUESDAY 23 SEPTEMBER

Griddle Restaurant, Berowra Waters



Recommended by a discerning client, The Griddle offers views over the beautiful Berowra Waters. Enjoy a two-course set lunch which includes a choice of: fish 'n' chips; chicken and mushroom risotto; or chicken schnitzel. Dessert is an enticing choice of sticky date pudding or pavlova. You can make your choice on the day.

Home pickups

\$60 per person • \$115 per couple

Transport + lunch included

TUESDAY 30 SEPTEMBER

Glenorie Bakery Pie Lunch



By popular demand we are returning to Glenorie Bakery for a prize-winning pie. Your lunch at this famed bakery* will include a signature beef pie or sausage roll, with mash, peas and gravy, and a lamington for dessert with tea or coffee.

* Voted No.1 in Australia for three consecutive years.

Home pickups

\$50 per person • \$95 per couple

Transport + lunch included

SATURDAY 20 SEPTEMBER

Downton Abbey The Grand Finale



A must for Downton fans! The cinematic return of a global favourite follows the family and their staff as they enter the 1930's and the resulting challenges. Midday start and the movie's 120min length means there's no lunch included so do bring a bite to eat in the Roseville theatre during screening. **Saturday cancellations must phone 0473 478 890.**

Home pickups

\$50 per person • \$95 per couple

Transport + movie included

FRIDAY 26 SEPTEMBER

Sculpture Trail, Ku-ring-gai Wildflower Garden



Half-day Outing: upon arrival at the garden you will enjoy tea, coffee and scones served at Dampiers Clearing, followed by a leisurely walk of the Sculpture Trail. Celebrating sustainable art, it will showcase the skill and imagination of both renowned artists and emerging talent from the region. **Please book by 18 September — no refunds.**

Pickups: **Ku-ring-gai residents**

\$35 per person • \$65 per couple

Transport + tea, scones included

MONDAY 22 SEPTEMBER

80,000 Tulip Extravaganza, Bowral



OUTING of the MONTH

Do join us for the stunning Spring tulip-time flower festival, boasting a spectacular display of thousands of mass-planted tulips and annuals in Corbett Gardens, Bowral. Then enjoy a roast chicken and vegetable lunch with tea and coffee at Mittagong RSL. **Book by 25 August — no refunds. Pickups: 8:00 Willow Park, Hornsby; 8:30 Pennant Hills Library.**

No home pickups

\$85 per person • \$165 per couple

Transport, festival + lunch included

MONDAY 29 SEPTEMBER

The River Postman, Brooklyn



Top 10 Favourite: delight in a cruise on Brooklyn's historic mailboat and enjoy the Hawkesbury River's incomparable scenery. The skippers will entertain you with river-tales, along with morning tea and a ploughman's lunch onboard. **Book by 19 September — no refunds. Pickups: 8:15 HKCT Turramurra; 8:30 Willow Park, Hornsby; 8:45 Pen. Hills Library.**

No home pickups

\$85 per person • \$165 per couple

Transport, cruise, morn. tea inclu.

Join us for a Christmas Delight

Tastes and treats with friends

Be part of our joint Christmas lunch celebration with our Central Coast Community Transport clients at Gosford Golf Club. You'll love the 2-course Christmas-themed trio of meats and dessert, complete with bon bons, Christmas music and festive fun!



SAVE THE DATE

**MONDAY
15TH
DECEMBER**

HKCT Social Shopping Sojourns: door-to-door return • one hour shopping for just \$10/15

Centre	Drop-off/Pickup	For residents of	Book by
Turrumurra IGA <i>Mondays</i>	10am / 11am	East Gordon, North Wahroonga, Pymble, West Pymble Turrumurra, Wahroonga, South Turrumurra	Wednesday
East Lindfield Shops <i>Mondays</i>	1pm / 2pm	East Killara, East Lindfield, Lindfield, Roseville, Roseville Chase	Wednesday
Westleigh Village <i>Tuesdays</i>	10am / 11am	Normanhurst, Pennant Hills, Thornleigh, Westleigh	Thursday
Thornleigh Marketplace <i>Tuesdays</i>	1:30pm / 2:30pm	Beecroft, Normanhurst, Pennant Hills, Thornleigh, Westleigh	Thursday

HKCT Comprehensive Shopping: door-to-door return • two to three hours shopping for just \$15/\$25

Centre	Drop-off/Pickup	For residents of	Book by
Aldi Mt Ku-ring-gai & Berowra V. <i>Mondays</i>	1:30pm / 3:15pm	Berowra, Berowra Heights, Mount Colah, Mount Ku-ring-gai	Wednesday
Carlingford Court <i>Wednesdays</i>	10:30am / 1pm	Beecroft, Cheltenham, Epping, Pennant Hills	Friday
St Ives Village <i>Wednesdays</i>	10am / 1pm 11am / 2pm	East Gordon, Gordon, Killara, Turrumurra, Pymble, West Pymble Turrumurra, Pymble, St Ives, St Ives Chase	Friday
Macquarie Centre <i>Wednesdays</i>	11am / 1pm	3 September Gordon, Killara, Lindfield, North Wahroonga, Pymble Roseville, Turrumurra, Wahroonga, Warrawee	Friday
	11am / 1pm	10 September Beecroft, Cheltenham, Epping, North Epping, Normanhurst, Pennant Hills, Thornleigh, Westleigh	Friday
Gordon Shops <i>Thursdays</i>	10am / 12 midday	East Gordon, East Killara, East Lindfield, Gordon, Killara, Pymble Lindfield, Roseville, Roseville Chase, West Pymble	Monday
St Ives Village <i>Thursdays</i>	10am / 12 midday 11am / 1pm	East Gordon, Gordon, Pymble, Killara, St Ives North Turrumurra, Turrumurra, St Ives Chase, Pymble, St Ives	Monday
Hornsby Westfield <i>Thursdays</i>	10am / 1pm 11am / 2pm	Normanhurst, North Wahroonga, Thornleigh, Wahroonga, Waitara Hornsby, Hornsby Heights	Monday
Cherrybrook Shops <i>Fridays</i>	9:30am / 12:15pm 11am / 1pm	Cherrybrook, West Pennant Hills Arcadia, Castle Hill, Dural, Fiddletown, Galston, Middle Dural	Tuesday
Hornsby Westfield <i>Fridays</i>	10am / 1pm	Asquith, Berowra, Berowra Heights, Brooklyn, Cowan, Hornsby Heights Mount Colah, Mount Ku-ring-gai, Normanhurst, North Wahroonga, Turrumurra, Wahroonga, Waitara, Warrawee	Tuesday

Prices are applicable only to CHSP-eligible clients of HKCT. Other client prices available upon request. Correct as of September 2025.