

## COMMUNITY TRANSPORT MATTERS

# The Fuel Crisis & What it Means for You

Community transport is a vital piece of social infrastructure that helps people stay connected to their communities. Like many organisations across Australia, we are currently feeling the impact of rising fuel costs, and this is creating real challenges for service delivery.

However, we remain committed to supporting our community by providing tailored transport solutions that play an important role in reducing social isolation and supporting wellbeing in our community.

We also recognise that older Australians have carried a significant burden through recent national hardships, including COVID-19 and ongoing aged care reforms, which has left some older people struggling with service eligibility, cost and navigation challenges. With this in mind, our approach is clear: **In the short term, we will do everything we can internally to manage rising costs before passing any impact on to you.**

What does this mean in practice?

**We are actively looking for smarter, more efficient ways to operate.**

**We are carefully managing** how many vehicles are on the road each day to reduce fuel usage without compromising access.

**You may notice** slightly longer travel times as we optimise routes and group trips where possible.

These small adjustments help us maintain services while keeping them affordable but also sustainable for the future.

We understand that your time is valuable, and we appreciate your patience and support as we navigate these challenges. Please know that every decision we make is guided by our commitment to keeping you connected, supported, and moving.

**Watch this space for updates as we continue to explore solutions.**

*Tara Russell*



### *Meet the staff* **JENNY** Client Services Co-ordinator

Jenny joined us in 2023 and has loved being part of the strong community spirit at Hornsby Ku-ring-gai Community Transport. In her role in Client Services, she enjoys chatting with clients each day and getting to know their stories, interests, and routines.

Originally from the UK and raised in Melbourne, Jenny has called the Ku-ring-gai and Hornsby area home for over 25 years. She has a real appreciation for the beautiful local nature reserves and wildlife and enjoys exploring them on weekends.

Jenny has a grown-up son who is currently studying engineering at university. In her spare time, she loves baking, gardening, and (when time allows) getting creative with sketching and art.



**FRIDAY 1 MAY**

**Brunch & Devil Wears Prada 2**



After a hearty brunch at Runaway Spoon (your choice and cost) in Lindfield, sit back and enjoy this comedy drama starring Meryl Streep, Anne Hathaway and Kenneth Branagh. The sequel to Devil Wears Prada, this movie is a crowd-pleaser for anyone that enjoys light-hearted humour and fashion! **Book by 23 April. No refunds.**



Home pickups

\$40 per person • \$75 per couple

Transport + movie included

**MONDAY 4 MAY**

**Rick's Tour Eastern Suburbs**



Enjoy this drive exploring some of Sydney's best bays. Then on to Watsons Bay for fish 'n' chips or other (your choice and cost), with harbour views. The highlight will be a ferry to Circular Quay, and another to McMahons Pt where Rick will be waiting to take you home. **Bring your Opal card. Pickups:** 8:15 HKCT Turramurra; 8:30 Willow Park, Hornsby; 8:45 Pennant Hills Library.



No home pickups

\$25 per person • \$45 per couple

Transport only

**TUESDAY 5 MAY**



**Mother's Day at The Fiddler**



A special lunch for special mums. Our hosts at The Fiddler always look after us and ensure this is a special celebration. You will be greeted with a welcome drink before your delicious 2-course lunch and entertainment. This is an outing HKCT clients absolutely love so don't delay booking as it's an annual favourite. **Book by 21 April. No refunds.**



Home pickups

\$85 per person • \$165 per couple

Transport, lunch + show included

**FRIDAY 8 MAY**

**Birkenhead Point Shopping**



Always a popular outing, this is your opportunity to top up your winter wardrobe! With over 120 stores, this shopping-heaven is home to the world's most desirable clothing and homeware brands. After you have shopped up a storm, enjoy a cup of coffee and a tasty bite at one of their cafes (your choice and cost).



Pickups: **Ku-ring-gai residents**

\$25 per person • \$45 per couple

Transport only

**SATURDAY 9 MAY**

**West Head Lookout, Akuna Bay Lunch**



We are off to this famed lookout for incredible views of Pittwater, Barrenjoey Headland and Lighthouse. You will also see Lion Island Nature Reserve and Central Coast beaches. Followed by lunch (your choice and cost) at The Shed, by Akuna Bay's marina. **Saturday cancellations must phone 0473 478 890.**



Home pickups

\$35 per person • \$65 per couple

Transport only

**NEW MONDAY 11 MAY**



**Young at Heart: Palace of Dreams Guided Tour**



Join us for a guided tour to learn why The State Theatre is called 'The Palace of Dreams'. Suitable for our more mobile clients as there are considerable stairs (rest stops along the way). Afterwards we will enjoy lunch\* at Norths Cammeray. **Please bring your photo ID. No refunds.** **Pickups:** 8:15 HKCT Turramurra; 8:30 Willow Pk; 8:45 Pen. Hills Lib. *\*your choice + cost*



No home pickups

\$45 per person • \$85 per couple

Transport + tour included

Key: To choose outings best suited for you, please look for these icons:



Some stairs



Some walking



Considerable walking



Uneven ground



Longer day



Suitable for wheelchairs



Suitable for walkers



Unsuitable for wheelchairs



Unsuitable for walkers

**TUESDAY 12 MAY**

**Glenorie Bakery  
Pie Lunch**



By popular demand we are returning to Glenorie Bakery for a prize-winning pie. Voted No.1 bakery in Australia for 3 years running, your lunch at this famed bakery will include a signature beef pie or sausage roll, with mash, peas and gravy, and a mini custard tart and a mini caramel slice for dessert with tea and coffee. **Book by 4 May. No refunds.**



Home pickups

\$50 per person • \$95 per couple

Transport, lunch + tea/coffee included

**THURSDAY 14 MAY**



**Blokes On Board:  
Australian  
Maritime Museum**



Visit this unique gallery to explore the historical artefacts that bring alive Australia's deep connection to the sea, past and present. Stroll along the waterfront and learn about the early explorers on the HMB Endeavour. Lunch will be at Ripples Café, where you can enjoy casual café fare with harbour views along the boardwalk (your choice + cost).



Home pickups

\$55 per person

Transport + museum included

**FRIDAY 15 MAY**

**Birkenhead Point  
Shopping**



Always a popular outing, this is your opportunity to top up your winter wardrobe! With over 120 stores, this shopping-heaven is home to the world's most desirable clothing and homeware brands. After you have shopped up a storm, enjoy a cup of coffee and a tasty bite at one of their cafes (your choice and cost).



Pickups: **Hornsby residents**

\$25 per person • \$45 per couple

Transport only

**NEW SATURDAY 16 MAY**

**Parramatta Female  
Factory Tour**



Step back in history and discover the inspiring stories of the women who endured life at the Factory, our earliest surviving convict women's site. Enjoy a coffee on arrival before joining this 90-min tour (walking with rest stops). Then we will lunch at the Parramatta Leagues Club (your choice and cost). **Please remember photo ID. Saturday cancellations must call 0473 478 890.**



Home pickups

\$55 per person • \$105 per couple

Transport + tour included

**MONDAY 18 MAY**

**Autumn in the  
Blue Mountains**



Enjoy the season's colours as we drive up to Leura (rest stop at Glenbrook). Explore the village's shops and galleries, with a hot drink at Josophan's Fine Chocolates. Lunch at the Teapot Museum for soup and sandwiches, and if time, a stop at The Three Sisters. **Book & prepay by 8 May. No refunds. Pickups:**

8:15 HKCT Turrumurra;  
8:30 Willow Pk; 8:45 Pen. Hills Lib.



No home pickups

\$75 per person • \$145 per couple

Transport + lunch included



**Safe and Sound  
with Dashcams**

You may have noticed these small devices on our wind-screens. They record audio, as well as filming the road ahead and activity inside the vehicle. While this might sound technical, they are there to help keep everyone safe and ensure we maintain the highest standard of service.

While dashcams assist us with training, accountability and compliance, your privacy is paramount so footage is securely stored and would only be accessed for specific instances. **We are focussed on your journeys being not only comfortable, but safe, respectful and reliable.**

Key: To choose outings best suited for you, please look for these icons:



Some stairs



Some walking



Considerate walking



Uneven ground



Longer day



Suitable for wheelchairs



Suitable for walkers



Unsuitable for wheelchairs



Unsuitable for walkers

## TUESDAY 19 MAY

### Anglers Rest Hotel, Brooklyn



Join us for lunch at this pretty fishing village, delighting in this historic public house's \$20 special (choose and pay on the day): cottage pie with peas; fish, chips and salad, or chicken schnitzel, chips and salad.



Home pickups

\$25 per person • \$45 per couple

Transport only

## WEDNESDAY 20 MAY

### Sydney Morning Masters Concert, Chatswood Concourse



Enjoy coffee and cake before soprano Anna Fraser and fortepiano-musician Neal Peres Da Costa delight us with Schubert's *Schwanengesang*, along with the songs of Mozart-scholar Johann Anton-Andre. Meet the artists after the concert before we take you home. Please request accessible seating if required. Book by 5 May. No refunds.



Home pickups

\$75 per person • \$145 per couple

Transport, concert + morning tea included

## FRIDAY 22 MAY

### Archibald, Wynne & Sulman Prize



Enjoy a trip to the Domain to see the country's favourite and most significant award for portrait painting! We will have a guide to take you around the famed Archibald Prize entrants. Afterwards you can enjoy early lunch (your choice and cost) in The Gallery Café of this leading visual arts institution.



Pickups: **Hornsby residents**

\$65 per person • \$125 per couple

Transport + tour included

## MONDAY 25 MAY

### Mystery Drive & Lunch



Will you go to the mountains, the countryside or the sea? You won't know until the day. You can work up an appetite with a short walk before a relaxing lunch or just enjoy the view. Have your lunch choice ready when booking: fish & chips, beef burger, or goats cheese gnocchi. **Book by 15 May. No refunds. Do bring photo ID, water, jacket and a hat.** Pickups: 10:00 HKCT Turramurra; 10:15 Willow Pk; 10:30 Pennant Hills Lib.



No home pickups

\$55 per person • \$105 per couple

Transport + lunch included

## TUESDAY 26 MAY

### Time & Tide, Dee Why Lunch



Our hosts will greet us for another of their ever popular set-lunches. Today's mouthwatering menu includes: grilled barramundi, mash and veg; lasagne; or grilled chicken breast, creamy mushroom sauce and asparagus. There will be servings of chips and salad on the table, followed by dessert, tea and coffee.



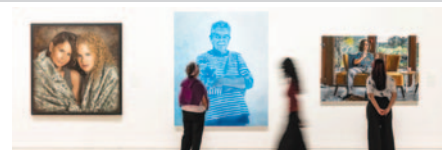
Home pickups

\$60 per person • \$115 per couple

Transport + 2-course lunch included

## FRIDAY 29 MAY

### Archibald, Wynne & Sulman Prize



Enjoy a trip to the Domain to see the country's favourite and most significant award for portrait painting! We will have a guide to take you around the famed Archibald Prize entrants. Afterwards you can enjoy early lunch (your choice and cost) in The Gallery Café of this leading visual arts institution.



Pickups: **Ku-ring-gai residents**

\$65 per person • \$125 per couple

Transport + tour included



**Blokes On Board:** relaxed, group outings that focus on men keeping in touch with mates or making new ones



**Young at Heart:** these outings suit clients who enjoy longer days and being active—even a bit adventurous

NEW PROGRAM

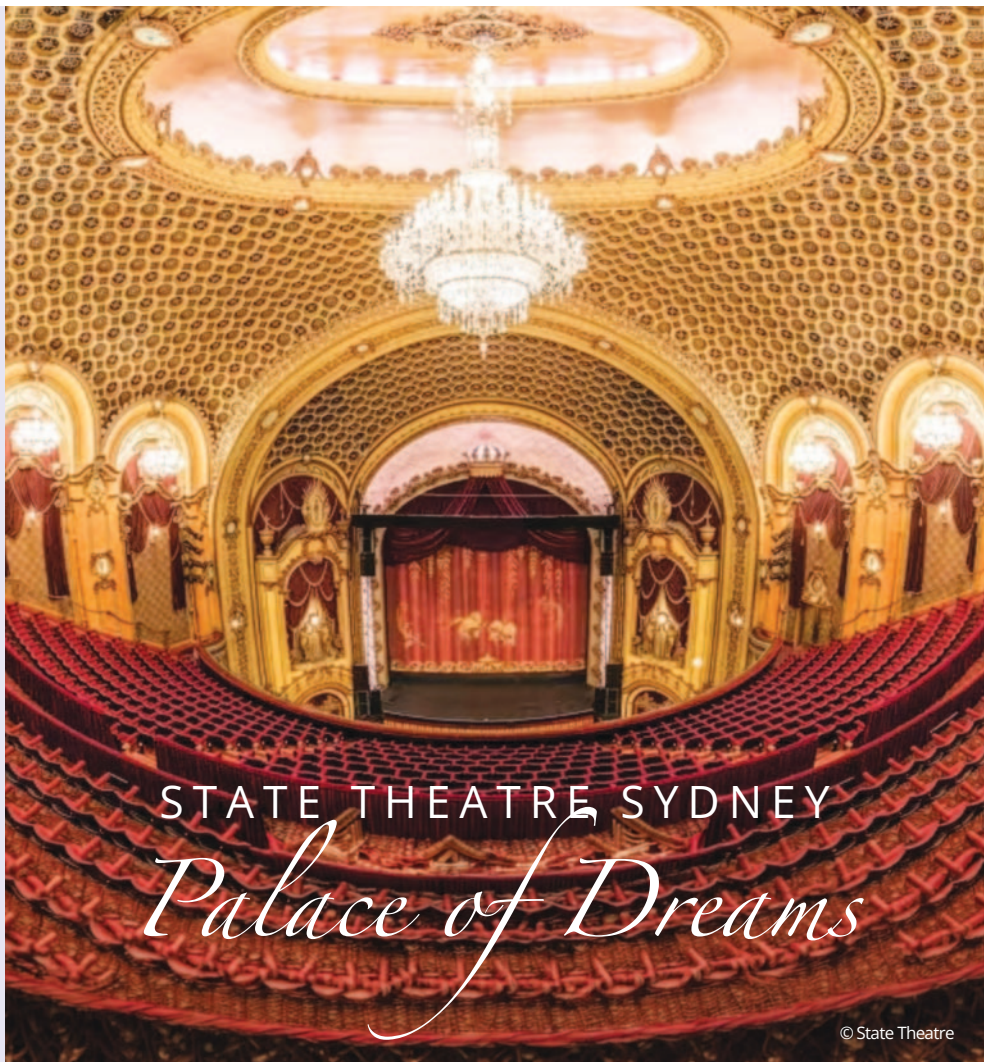
# Young at Heart

*Looking for outings that go longer, further?*

Young At Heart is our new social program designed for people who are a little more active (adventurous even), and want to go farther afield.

It is tailored for those who are:  
keen for longer days out;  
happy to use centralised pickups;  
comfortable with uneven surfaces  
and enthusiastic about gentle outdoor activities.

Join this month's Young At Heart outing to the **State Theatre: Palace of Dreams, 11 May** (see overleaf) or call us to find out more.



NEW PROGRAM

# Blokes On Board

*The relaxed, fun way to meet up with or make new mates*

Retirement, loss of a partner, health changes and reduced driving can quietly shrink a man's world.

Recognising that many men bond side-by-side (not face-to-face) through shared activities, Blokes On Board (BOB) offers outings designed around men's interests.

BOB provides older men with comfortable, meaningful ways to stay socially connected, maintaining well-being and community participation.

Join our Blokes on Board outing to the **Australian Maritime Museum, 14 May** (o/leaf) or call to learn more.



## HKCT Social Shopping Sojourns: door-to-door return • one hour shopping for just \$10/15

Centre	Drop-off/Pickup	For residents of
Turrumurra IGA <i>Mondays</i>	10am / 11am	East Gordon, North Wahroonga, Pymble, West Pymble, Turrumurra Wahroonga, South Turrumurra
East Lindfield Shops <i>Mondays</i>	1pm / 2pm	East Killara, East Lindfield, Lindfield, Roseville, Roseville Chase
Westleigh Village <i>Tuesdays</i>	10am / 11am	Normanhurst, Pennant Hills, Thornleigh, Westleigh
Thornleigh Marketplace <i>Tuesdays</i>	1:30pm / 2:30pm	Beecroft, Normanhurst, Pennant Hills, Thornleigh, Westleigh

## HKCT Comprehensive Shopping: door-to-door return • two to three hours shopping for just \$15/\$25

Aldi Mt Ku-ring-gai & Berowra Village <i>Mondays</i>	1:30pm / 3:15pm	Berowra, Berowra Heights, Mount Colah, Mount Ku-ring-gai
Carlingford Court <i>Wednesdays</i>	10:30am / 1pm	Beecroft, Cheltenham, Epping, Pennant Hills
St Ives Village <i>Wednesdays</i>	10am / 1pm 11am / 2pm	East Gordon, Gordon, Killara, Turrumurra, Pymble, West Pymble Turrumurra, Pymble, St Ives, St Ives Chase
Macquarie Centre <i>Wednesdays</i>	11am / 2pm 11am / 2pm	<b>6 May</b> Gordon, Killara, Lindfield, North Wahroonga, Pymble Roseville, Turrumurra, Wahroonga, Warrawee <b>13 May</b> Beecroft, Cheltenham, Epping, North Epping Normanhurst, Pennant Hills, Thornleigh, Westleigh
Gordon Shops <i>Thursdays</i>	10am / 12 midday	East Gordon, East Killara, East Lindfield, Gordon, Killara, Pymble Lindfield, Roseville, Roseville Chase, West Pymble
St Ives Village <i>Thursdays</i>	10am / 12 midday 11am / 1pm	East Gordon, Gordon, Pymble, Killara, St Ives North Turrumurra, Turrumurra, St Ives Chase, Pymble, St Ives
Hornsby Westfield <i>Thursdays</i>	10am / 1pm 11am / 2pm	Normanhurst, North Wahroonga, Thornleigh, Wahroonga, Waitara Hornsby, Hornsby Heights
Cherrybrook Shops <i>Fridays</i>	9:30am / 11:30am 11am / 1pm	Cherrybrook, West Pennant Hills Arcadia, Castle Hill, Dural, Fiddletown, Galston, Middle Dural
Hornsby Westfield <i>Fridays</i>	10am / 1pm	Asquith, Berowra, Berowra Heights, Brooklyn, Cowan, Hornsby Heights Mount Colah, Mount Ku-ring-gai, Normanhurst, North Wahroonga Turrumurra, Wahroonga, Waitara, Warrawee