

Connected People, Stronger Communities

SEPTEMBER 2026 NEWSLETTER

HORNSBY KU-RING-GAI
**COMMUNITY
TRANSPORT**
TAKING YOU TO THE WORLD
4351 0671



Growing Season

This spring let's embrace the opportunities that come with warmer weather and stronger community connections.

Whether it's a public event, catching up with loved ones, or exploring somewhere new, every social interaction helps build a happier, healthier community.

After all spring is not just for garden blooms, it's equally the season for growing friendships, strengthening our wellbeing and nurturing interests.

What Works & What's a Work-on?

We're committed to providing services that help keep our community connected, independent and engaged. Central to our success is listening to those that use our services: you.

Your feedback tells us what's working well and where we can do better. Whether you've had a great experience with a driver, found our booking process easy to use, or have suggestions for improvements, **please complete our survey**. It will only take a few minutes but you can help make a lasting difference.

Surveys have been posted out or just ask your driver for a copy—or use the link in the email that brought you this newsletter. Thank you for helping us grow, improve and sustain *your* community transport service.

We are also excited to launch outings for our Chinese-speaking clients, commencing with a fish market visit featuring a Chinese-speaking tour, in addition to our regular English-speaking tour.

Tara Russell

**NOV
23**
**HKCT
AGM**
Hornsby
RSL

Please join us in reviewing 2026 and learning what we intend for your community transport in the new year.

And of course, you'll also enjoy a marvellous lunch, while putting 'names to faces' of our team.

**SEP
9**
**RUOK
DAY**
Lunch

Meals on Wheels have a client lunch at Turrumurra Uniting Church to mark 'RUOK day'.

HKCT offers *complimentary transport to/from* the lunch for registered clients.

The lunch cost is \$30pp and you will need to get a Meals on Wheels referral code. Please contact our bookings team to make both your lunch and transport booking: **9983 1611**.

TUESDAY 1 SEPTEMBER

Northbridge Golf Club



Enjoy **Middle Harbour views** as you savour a delicious lunch. Choose your two-course meal: roast beef, roast veg & gravy; fish 'n' chips & garden salad; quiche lorraine or vegetarian quiche with garden salad. Desserts: chocolate mousse or panna cotta. **Please advise choice at time of booking. Book by 24 August. No refunds.**



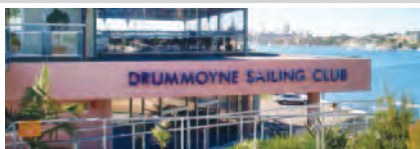
Home pickups

\$75 per person • \$145 per couple

Transport + 2-course lunch included

MONDAY 7 SEPTEMBER

Rick's City Tour, Sailing Club Lunch



Remind yourself how beautiful our city is! Rick will drive you past some of Sydney's iconic attractions, with a stop at Centennial Park for morning tea, before going to a superb lunch at the renowned **Drummoyle Sailing Club** (your choice and cost). **Pick-ups:** 8:15 HKCT Turramurra; 8:30 Willow Park, Hornsby; 8:45 Pennant Hills Library.



No home pickups

\$25 per person • \$45 per couple

Transport only

THURSDAY 10 SEPTEMBER



Blokes On Board: Gunners Barracks Tour & Lunch



A special outing in celebration of Father's Day. Today we have organised a private 60-minute walking tour (uneven surfaces and some stairs) of the barracks. We will have a celebratory lunch at **Gunners Barracks** (1 course \$45, includes a glass of wine). Lunch will be your choice and cost. **Bookings by 1 September. No refunds.**



Home pickups

\$45 per person

Transport + tour included

FRIDAY 4 SEPTEMBER

NEW

Mangrove Mountain Adventure



Sit back and enjoy the beautiful drive up to Mangrove Mountain. We will stop en route for coffee at **The Hub** before we have lunch at the edge of the water at **The Anchor Spencer** (your choice and cost). If the tide allows, we will take you across on the vehicle ferry before getting you home. **Book by 28 August.**



Home pickups: **Ku-ring-gai residents**

\$45 per person • \$85 per couple

Transport only

TUESDAY 8 SEPTEMBER

Dural Kitchen at Dural Club



Recently renovated, this local favourite offers an enticing menu with all of your bistro favourites, including their Tuesday \$20 special: honey glazed lamb shank with creamy mash, vegetables and gravy. Lunch is your choice and cost. **Remember your photo ID.**



Home pickups

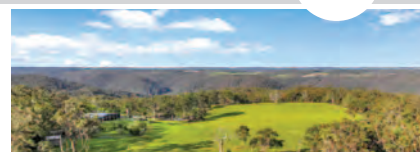
\$25 per person • \$45 per couple

Transport only

FRIDAY 11 SEPTEMBER

NEW

Mangrove Mountain Adventure



Sit back and enjoy the beautiful drive up to Mangrove Mountain. We will stop en route for coffee at **The Hub** before we have lunch at the edge of the water at **The Anchor Spencer** (your choice and cost). If the tide allows, we will take you across on the vehicle ferry before getting you home. **Book by 3 September.**



Home pickups: **Hornsby residents**

\$45 per person • \$85 per couple

Transport only

Key: To choose outings best suited for you, please look for these icons:



Some stairs



Some walking



Considerable walking



Uneven ground



Longer day



Suitable for wheelchairs



Suitable for walkers



Unsuitable for wheelchairs



Unsuitable for walkers

SATURDAY 12 SEPTEMBER

The Rocks Markets



Always a fun day out! Browse the market stalls to discover locally-designed fashion, handcrafted jewellery and unique homewares. Meet local artists and photographers and buy that perfect gift. There are many food vendors at the market or choose a local café to enjoy the vibe. We do not recommend walking aids due to uneven surfaces. Saturday cancellations must phone 0473 478 890.



Home pickups

\$35 per person • \$65 per couple

Transport only

TUESDAY 15 SEPTEMBER

Bistro 51, Ettalong Diggers



Enjoy the drive up to the Central Coast before lunch at this favourite venue. The bistro has an extensive menu offering \$20 classics, including roast-of-the-day; sausages with mashed potato, seasonal vegetables and gravy; or freshly battered barramundi, chips and salad. Lunch will be your choice and cost. Please remember your photo ID.



Home pickups

\$45 per person • \$85 per couple

Transport only

MONDAY 14 SEPTEMBER

Tulip Extravangza, Bowral



Join us for the stunning spring flower festival, boasting a spectacular display of thousands of mass-planted tulips and annuals in Corbett Gardens, Bowral. Then enjoy a hearty lunch at Mittagong RSL (alternate servings: roast of the day or fish 'n' chips) with tea/coffee before we head back home. Bring photo ID. Book by 1 Sept. No refunds. Bus 1: 8:00 HKCT Turra., 8:30 Marian St Theatre Bus 2: 8:00 Willow Pk., 8:30 Pennant Hills Lib.



No home pickups

\$90 per person • \$175 per couple

Transport + lunch included

WEDNESDAY 16 SEPTEMBER

The Lion King, Capitol Theatre



The show of the year with creative choreography, colourful costumes and music by Elton John and Tim Rice. Show starts at 1pm and is 2.5 hrs, with interval. We will have brunch prior at Runaway Spoon (your choice and cost). Note: it's approx. 120m walk to the theatre from bus drop-off. Please request accessible seating if required. Book by 28 August. No refunds.



Home pickups: **Ku-ring-gai residents**

\$110 per person • \$215 per couple

Transport + show included

FRIDAY 18 SEPTEMBER • 2026年9月18日星期五

Sydney's Fish Markets Tour



参观悉尼鱼市场

By demand, we return to these markets for an intriguing 1-hour tour of the building's spectacular design, learning of the market's history and also where and how your seafood is caught. It's an accessible walking tour (with rest stops) and we will start with an early lunch (your choice and cost). Book by 3 September. No refunds.

欢迎你加入参观世界级的悉尼鱼市场，有导游讲解新鱼市场壮观的建筑设计、历史，和你喜爱的海鲜来自哪里以及如何捕捞。这是一个方便使用助行器的参观旅游，途中有休息点；讲座约1小时，之后可以四处购物（请自带购物袋），并可在各式鱼摊和餐馆选择自费午餐。当天我们将提供会说中文的司机、志愿者和导游。每人 70 澳元；夫妻 合共 135 澳元；预订后概不退款。费用包括上门接送服务，旅游巴士和鱼市场导游。如果您想与会说中文的工作人员预约，请在星期一上午 9:30 至下午 12:30 致电：02 9983 1611。

Home pickups

\$70 per person • \$135 per couple

Transport + tour included



Key: To choose outings best suited for you, please look for these icons:



Some stairs



Some walking



Considerable walking



Uneven ground



Longer day



Suitable for wheelchairs



Suitable for walkers



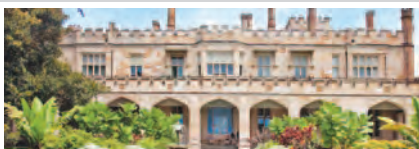
Unsuitable for wheelchairs



Unsuitable for walkers

SATURDAY 19 SEPTEMBER

Government House & Gardens, Norths Club Lunch



Enjoy a guided tour of this iconic house. Learn the significance of this home and office of NSW Governors since 1845. Tour is fully accessible on one level, with free time to enjoy the gardens before Norths Cammeray for lunch (own choice and cost). **You need your Seniors Card ID number at booking and a valid photo ID on the day.** Book by 3 Sept. Saturday cancellations must call 0473 478 890.



Home pickups

\$35 per person • \$65 per couple

Transport + tour included

TUESDAY 22 SEPTEMBER

Harbord Diggers Club, Freshwater



Join us for a drive to Freshwater and then lunch in the Dukes Lounge Bistro at this renowned club. The menu is extensive and diverse, including club-favourites, Asian dishes, pasta, pizza, burgers and salads (your choice and cost). Remember your photo ID.



Home pickups

\$25 per person • \$45 per couple

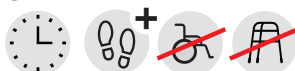
Transport only

MONDAY 28 SEPTEMBER

Young at Heart: Mount Tomah Botanic Gardens



Spring has sprung at Mount Tomah Botanic Gardens! See the stunning seasonal flowers and learn about the Australian flora on this guided tour. There will be a rest stop en route as bus trip is approx. 3 hours. We will have lunch at the Bell Bird Café before we head home (your choice and cost). **Pickups:** 8:00 HKCT Turramurra; 8:15 Willow Park; 8:30 Pennant Hills Library.



No home pickups

\$60 per person • \$115 per couple

Transport + tour included

MONDAY 21 SEPTEMBER

Warringah Westfield Mall



Grab this chance to shop somewhere new at this unique indoor/outdoor mall. With 350 stores to browse and cafés aplenty, you will love this outing! Our three hour visit will assure you of a leisurely lunch (your choice and cost)—and an early start to Christmas shopping?

Pick ups: 8:15 HKCT Turramurra;

8:30 Willow Park, Hornsby;

8:45 Pennant Hills Library.



No home pickups

\$25 per person • \$45 per couple

Transport only

WEDNESDAY 23 SEPTEMBER

The Lion King, Capitol Theatre



The show of the year with creative choreography, colourful costumes and music by Elton John and Tim Rice. Show starts at 1pm and is 2.5 hrs, with interval. We will have brunch prior at Runaway Spoon (your choice and cost). **Note:** it's approx. 120m walk to the theatre from bus drop-off. Please request accessible seating if required. Book by 9 September. No refunds.



Home pickups: **Hornsby residents**

\$110 per person • \$215 per couple

Transport + show included

TUESDAY 29 SEPTEMBER

Watergrill, Sydney Rowing Club



This favourite offers the ultimate experience in casual dining, overlooking the best of the Parramatta River. The menu offers an impressive selection of seafood, burgers, pasta, pizza and salads (your choice and cost).



Home pickups

\$25 per person • \$45 per couple

Transport only



Blokes On Board: relaxed, group outings that focus on men keeping in touch with mates or making new ones



Young at Heart: these outings suit clients who enjoy longer days and being active—even a bit adventurous

WEDNESDAY 30 SEPTEMBER

Sydney Morning Masters Concert: Trio Histoire



Enjoy this engaging mix of saxophonist, guitarist and violinist in the Chatswood Concourse (one of Sydney's leading entertainment and events precincts). You will delight in this trio's eclectic selection of music: new and old and utterly entertaining! We will arrive early so that you can enjoy tea, coffee and cake served before the concert. **Book by 15 September. No refunds.**



Home pickups

\$75 per person • \$145 per couple

Transport, concert + morning tea included



DEC
21

Save the Date Client Christmas Lunch

Details coming for our lunch at the beautiful Waterview, Bicentennial Park, Homebush.



A BIGGER DAY OUT

Young at Heart

Outings that go longer, further

Join us in exploring the wondrous **Blue Mountains Botanic Garden Mount Tomah**, the only botanic garden in Australia surrounded by a UNESCO World Heritage Area. Our garden's guide will provide an overview of its rich and unique history, while introducing us to some of the birds and other creatures who make it their home.

See Outing details overleaf: 28 September.



SPECIAL OUTING

Blokes On Board

Meet up with or make new mates

Retirement, loss of a partner, health changes and reduced driving can quietly shrink a man's world.

Recognising that many men bond side-by-side through shared activities, Blokes On Board (BOB) offers outings designed around men's interests.

Join our Blokes on Board outing to the historic **Gunners Barracks** (see overleaf: 10 September) or call to learn more.

HKCT Social Shopping Sojourns: door-to-door return • one hour shopping for just \$10/15

Centre	Drop-off/Pickup	For residents of
Turramurra IGA <i>Mondays</i>	10am / 11am	East Gordon, North Wahroonga, Pymble, West Pymble, Turramurra Wahroonga, South Turramurra
East Lindfield Shops <i>Mondays</i>	1pm / 2pm	East Killara, East Lindfield, Lindfield, Roseville, Roseville Chase
Westleigh Village <i>Tuesdays</i>	10am / 11am	Normanhurst, Pennant Hills, Thornleigh, Westleigh
Thornleigh Marketplace <i>Tuesdays</i>	1:30pm / 2:30pm	Beecroft, Normanhurst, Pennant Hills, Thornleigh, Westleigh

HKCT Comprehensive Shopping: door-to-door return • two to three hours shopping for just \$15/\$25

Aldi Mt Ku-ring-gai & Berowra Village <i>Mondays</i>	1:30pm / 3:15pm	Berowra, Berowra Heights, Mount Colah, Mount Ku-ring-gai
Carlingford Court <i>Wednesdays</i>	10:30am / 1pm	Beecroft, Cheltenham, Epping, Pennant Hills
St Ives Village <i>Wednesdays</i>	10am / 1pm 11am / 2pm	East Gordon, Gordon, Killara, Turramurra, Pymble, West Pymble Turramurra, Pymble, St Ives, St Ives Chase
Macquarie Centre <i>Wednesdays</i>	11am / 2pm 11am / 2pm	<i>2 September</i> Gordon, Killara, Lindfield, North Wahroonga, Pymble Roseville, Turramurra, Wahroonga, Warrawee <i>9 September</i> Beecroft, Cheltenham, Epping, North Epping Normanhurst, Pennant Hills, Thornleigh, Westleigh
Gordon Shops <i>Thursdays</i>	10am / 12 midday	East Gordon, East Killara, East Lindfield, Gordon, Killara, Pymble Lindfield, Roseville, Roseville Chase, West Pymble
St Ives Village <i>Thursdays</i>	10am / 12 midday 11am / 1pm	East Gordon, Gordon, Pymble, Killara, St Ives North Turramurra, Turramurra, St Ives Chase, Pymble, St Ives
Hornsby Westfield <i>Thursdays</i>	10am / 1pm 11am / 2pm	Normanhurst, North Wahroonga, Thornleigh, Wahroonga, Waitara Hornsby, Hornsby Heights
Cherrybrook Shops <i>Fridays</i>	9:30am / 11:30am 11am / 1pm	Cherrybrook, West Pennant Hills Arcadia, Castle Hill, Dural, Fiddletown, Galston, Middle Dural
Hornsby Westfield <i>Fridays</i>	10am / 1pm	Asquith, Berowra, Berowra Heights, Brooklyn, Cowan, Hornsby Heights Mount Colah, Mount Ku-ring-gai, Normanhurst, North Wahroonga Turramurra, Wahroonga, Waitara, Warrawee